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| Head & Heart |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Advanced | . |
| **Choreographer:** | Hiroko Carlsson (AUS) - July 2020 | | | | |
| **Music:** | Head & Heart (feat. MNEK) - Joel Corry : (iTunes) | | | | |
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**(16 counts intro)**

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**[S1] Touch Fwd-&-Side-&-Side-&-Heel-&-Heel-&-Side-&-Monterey 1/4R Point**

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| 1&2& | Touch forward on R, Step R next to L, Touch L to the side, Step L next to R |

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| --- | --- |
| 3&4& | Touch R to the side, Step R next to L, L heel forward, Step L next to R |

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| --- | --- |
| 5&6& | R heel forward, Step R next to L, Touch L to the side, Step L next to R |

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| --- | --- |
| 7&8 | Touch R to the side, Make a 1/4 turn right on ball of L stepping R next to L, Point L to the side (3:00) |

**[S2] Sailor Step, Cross Rock-Kick-Recover-Behind Rock-Kick-Recover-Cross Rock-1/4R**

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| 1&2 | Step L behind R, Step R to the side, Step L to the side |

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| 3&4& | Rock R across L, Recover weight on L, Hop R to the side while kicking L diagonally forward, Recover/step L to the side |

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| --- | --- |
| 5&6& | Rock R behind L, Recover weight on L, Hop R to the side while kicking L diagonally forward, Recover/step L to the side |

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| 7&8 | Rock R across L, Recover weight on L, Make a 1/4 turn right stepping forward on R (6:00) |

**[S3] Charleston Sequence (L Fwd-L Back-R Back-R In Place-R Fwd-R Back-L Back-L In Place)**

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| --- | --- |
| 1&2& | Touch L toe forward (swivel heels in), Recover weight on R (swivel heels out) and flick L to the side, Step back on L (swivel heels in), Keep your weight on L (swivel heels out) and flick R to the side |

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| --- | --- |
| 3&4& | Step back on R (swivel heels in), Recover weight on L (swivel heels out) and flick R to the side, Step back on R (swivel heels in), Recover weight on L (swivel heels out) and flick R to the side |

|  |  |
| --- | --- |
| 5&6& | Touch R toe forward (swivel heels in), Recover weight on L (swivel heels out) and flick R to the side, Step back on R (swivel heels in), Keep your weight on R (swivel heels out) and flick L to the side |

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| --- | --- |
| 7&8 | Step back on L (swivel heels in), Recover weight on R (swivel heels out) and flick L to the side, Step back on L (swivel heels in) |

**[S4] Hop-Back Rock, 1/2L Shuffle Back-1/4L-Point, Triple Turn-Fwd**

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| --- | --- |
| 1&2 | Rock back on R, Small step/hop on R, Recover weight on L |

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| 3&4 | Make a 1/2 turn left shuffle back R-L-R (12:00) |

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| &5 | Make a 1/4 turn left stepping L to the side, Point R to the side (9:00) |

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| 6&7 | Make a 1/4 turn right stepping forward on R, Make a 1/4 turn right on the spot stepping L next to R, Make a 1/2 turn on the spot stepping slightly forward on R |

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| 8 | Step forward on L (9:00) |

**No Tags or Restarts**

**The dance finishes at 6:00 o’clock, Pivot 1/2 turn right to the front.**

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)**

**(updated: 29/Jul/20)**