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| Lifer |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Darren Bailey (UK) - August 2020 | | | | |
| **Music:** | Lifer - MercyMe | | | | |
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**Intro: 8 Counts**

**(1 Restart on wall 6 after 16 counts)**

**Syncopated Vine R, Touch Out, Touch In, 4 Walks making 3/4 turn R**

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| 1-2& | Step RF to R side, Cross LF behind RF, Step R to R side |

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| 3&4 | Cross LF in front of RF, Touch RF to R side, Touch RF next to LF |

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| 5-6 | Make a 1/4 turn R and Step RF forward, Make a 1/4 turn R and Step LF forward |

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| 7-8 | Make a 1/4 turn R and Step RF forward, Step LF forward (Now facing 9:00) |

**Slide R, Slide L, Back, Back, Back, Ball, Cross,**

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| 1-2 | Take a big step to R diagonal with RF, Touch LF next to RF |

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| 3-4 | Take a big step to L diagonal with LF, Touch LF next to RF |

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| 5-6 | Step back on RF, Step back on LF |

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| 7&8 | Step back on RF, Close LF next to RF, Cross RF in front of LF |

**(Restart: on wall 6when you dance the restart here, replace the Ball Cross with a Step LF next to RF, So that the weight is on the correct foot to start the dance again. You should restart the dance facing 12:00)**

**1/4 turn L, 1/2 turn L, L Coaster step, Skate R, Skate L, Shuffle forward**

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| 1-2 | Make a 1/4 turn L and step forward on LF, Make a 1/2 turn L and step back on RF (Now facing 12:00) |

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| 3&4 | Step back on LF, Close RF next to LF, Step forward on LF |

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| 5-6 | Skate to R with RF, Skate to L with LF (can be replaced with Boogie Walks) |

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| 7&8 | Step forward on RF, Close LF next to RF, Step forward on RF |

**Cross, 1/4 turn L, Chasse L, Pivot 1/2 turn L, Side switches**

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| 1-2 | Cross LF in front of RF, Make a 1/4 turn L and step back on RF (Now facing 9:00) |

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| 3&4 | Step LF to L side, Close RF next to LF, Step LF to L side |

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| 5-6 | Step forward on RF, Make a 1/2 turn pivot L (Now facing 3:00) |

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| 7&8& | Touch RF to R side, Step RF next to LF, Touch LF to L side, Step LF next to RF |