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| Bend Me Shape Me |  |

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| **Count:** | 40 | **Wall:** | 2 | **Level:** | Beginner | . |
| **Choreographer:** | Judy Brannon (USA) - September 2020 |
| **Music:** | Bend Me, Shape Me - The American Breed |
| . |

**No Tags No Restarts**

**Vine 4 to Right, Side Rock Cross and Hold**

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| 1-4 | Step R to right, Step L behind R, Step R to right, Cross L over R |

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| --- | --- |
| 5-8 | Rock R to right side, Recover on L, Cross R over L, Hold |

**Vine 4 to Left, Side Rock Cross and Hold**

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| --- | --- |
| 1-4 | Step L to left, Step R behind L, Step L to left, Cross R over L |

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| --- | --- |
| 5-8 | Rock L to left side, Recover on R, Cross L over R, Hold |

**Right Lock Step, Hold, Left Lock Step Hold**

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| 1-4 | Step R foot forward, Lock L foot behind R, Step R foot Forward, Hold |

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| --- | --- |
| 5-8 | Step L foot forward, Lock R foot behind L, Step L foot forward, Hold |

**Right Jazz Box- hold, Left Jazz Box - hold**

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| --- | --- |
| 1-4 | Cross R foot over L, Step L foot back, Step R foot beside L, Hold |

|  |  |
| --- | --- |
| 5-8 | Cross L foot over R, Step R foot Back, Step L foot beside R, Hold |

**Chase 1/2 Turn-hold, Left Jazz Box, Hold**

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| 1-4 | Step R foot forward, Pivot 1/2 turn left, Step R foot forward, Hold |

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| --- | --- |
| 5-8 | Cross L foot over R, Step back on R, Step L beside R and Hold. |

**REPEAT**