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| The Running Kind (fr) |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Novice | . |
| **Choreographer:** | Frederic Fassiaux (FR) - Août 2020 | | | | |
| **Music:** | The Running Kind - Radney Foster | | | | |
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**Intro : 24 comptes**

**[1a8] Cross, side, behind, side, heel, step, cross, side, behind, side, heel, step**

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| 1-2 | croiser PD devant PG, poser PG a G |

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| 3&4 | croiser PD derrière PG, poser PG a G, Talon en diagonale avant D |

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| &5-6 | poser PD à D, croiser PG devant PD, poser PD à D |

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| 7&8& | croiser PG derrière PD, poser PD à D, talon en diagonale avant G, poser PG a G |

**[9a16] Cross, side, behind, side, cross, lateral rock step, sailor ½ step turn right**

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| 1-2 | croiser PD devant PG, poser PG a G |

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| 3&4 | croiser PD derrière PG, poser PG a G, PD devant PG |

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| 5-6 | poser PG a G, revenir en appui sur le PD |

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| 7&8 | croiser PG derrière PD, ¼ de tour à G…pas PD sur place(9h) et ¼ de tour à G…pas PG devant(6h00) |

**[17a24] Step, lock, step right and left forward, full turn, kick Ball step**

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| 1&2 | pas PD devant, lock du PG derrière PD, pas PD devant |

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| 3&4 | pas PG devant, lock du PD derrière PG, pas PG devant |

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| 5-6 | full turn G…1/2 tour à G, pas PD derrière, …1/2 tour à G… pas PG devant |

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| 7&8 | coup du PD devant, poser plante du PD cote PG, pas PG devant |

**[25a32] kick right fwd x2, coaster step, heel grind left, coater step**

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| 1-2 | coup du PD devant x2 |

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| 3&4 | poser PD derrière, poser PG cote PD, poser PD devant |

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| 5-6 | (appui PG) … ¼ de tour à G…grind talon G (mouvement talon G écrase) pointe PG a G |

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| 7&8 | PG derrière, poser PD cote PG, poser PG devant |

**Tag…rocking chair…fin du mur 1 et 5**

**(poser PD devant, revenir en appui PG, poser PD derrière, revenir en appui PG)**