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| La Bamba |  |

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| **Count:** | 72 | **Wall:** | 2 | **Level:** | Low Intermediate | . |
| **Choreographer:** | Nina Chen (TW) & Mei Sze Chin (MY) - November 2020 | | | | |
| **Music:** | La Bamba 2k13 (feat. Jota Efe) - Ran | | | | |
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**Intro: 32 counts - SOD: 56, 72, 56, 72, 56, 32**

**S1: SIDE - TOGETHER, R CHASSE , L ROCKING CHAIR TO R DIAGONAL, ROCK - RECOVER - SIDE**

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| 1-2, 3&4 | Step RF to R - Step LF beside RF, Step RF to R - Step LF beside RF - Step RF to R |

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| 5&6&, 7&8 | Rock LF to R diagonal fwd - Recover on RF - Rock LF back - Recover on RF, Rock LF to R diagonal fwd - Recover on RF - Step LF to L |

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**S2: CROSS - SIDE, BEHIND - SIDE - CROSS, SIDE ROCK - 1/4 R RECOVER, FWD SHUFFLE**

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| 1-2, 3&4 | Cross RF over LF - Step LF to L, Cross RF behind LF - Step LF to L - Cross RF over LF |

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| 5-6, 7&8 | Rock LF to L - 1/4 turn R (3:00) recover on RF, Fwd shuffle (L R L) |

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**S3: (R & L) MAMBO CROSS, FWD MAMBO, BACK MAMBO**

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| 1&2, 3&4 | Rock RF to R - Recover on LF - Cross RF over LF, Rock LF to L - Recover on RF - Cross LF over RF |

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| 5&6, 7&8 | Step RF fwd - Recover on LF - Step RF back, Step LF back - Recover on RF - Step LF fwd |

**S4: FWD - PIVOT 1/4 L, CROSS SHUFFLE, 1/4 R BACK - 1/4 R SIDE, FWD SHUFFLE**

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| 1-2, 3&4 | Step RF fwd - Pivot 1/4 turn L (12:00) weight on LF, Cross shuffle (R L R) |

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| 5-6, 7&8 | 1/4 turn R (3:00) step LF back - 1/4 turn R (6:00) step RF to R, Fwd shuffle (L R L) |

**S5: R CROSS - L CROSS - BACK - FLICK, (R & L) CORSS MAMBO**

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| 1-4 | Cross RF over LF - Cross LF over RF - Step RF back - Flick RF to R |

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| 5&6, 7&8 | Cross RF over LF - Recover on LF - Step RF to R, Cross LF over RF - Recover on RF - Step LF to L |

**S6: FWD MAMBO, COASTER, R DIAGONAL FWD SHUFFLE, 1/4 L FWD SHUFFLE**

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| 1&2, 3&4 | Step RF fwd - Recover on LF - Step RF back, Step LF back - Step RF beside LF - Step LF fwd |

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| 5&6, 7&8 | Fwd shuffle (R L R) to R diagonal, 1/4 turn L (3:00) fwd shuffle (L R L) |

**S7: CROSS - 1/4 R BACK, BACK SHUFFLE, BACK ROCK - RECOVER, FWD SHUFFLE**

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| 1-2, 3&4 | Cross RF over LF - 1/4 R (6:00) step LF back, Back shuffle (R L R) |

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| 5-6, 7&8 | Rock LF back - Recover on RF, Fwd shuffle (L R L) |

**S8: FWD - RECOVER, OUT - OUT - IN - IN, FWD - PIVOT 1/4 L.(x2)**

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| 1-2, &3&4 | Step RF fwd - Recover on LF, Step RF to R - Step LF to L - Step RF back to center - Step LF beside RF |

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| 5- 8 | Step RF fwd - Pivot 1/4 turn L (3:00) weight on LF - Step RF fwd - Pivot 1/4 turn L (12:00) weight on LF |

**S9: FWD - PIVOT 1/4 L.(x2),(R & L) DOUBLE HIPS BUMP**

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| 1-4 | Step RF fwd - Pivot 1/4 turn L (9:00) weight on LF - Step RF fwd - Pivot 1/4 turn L (6:00) weight on LF |

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| 5&6, 7&8 | Double Bump hips to R, Double Bump hips to L |

**Have Fun & Happy Dancing !!!**

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