|  |  |
| --- | --- |
| Head & Heart |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Phrased High Improver | . |
| **Choreographer:** | Anggie Sumeh (INA), Anna Williantari (INA) & Mieke Uvilla (INA) - January 2021 | | | | |
| **Music:** | Head & Heart (feat. MNEK) - Joel Corry | | | | |
| . | | | | | | |

**DANCE SEQUENCE : A-A - A-A - A-A - A-B - A-A**

**\*START DANCE ON VOKAL\***

**# Seg A : 32 Counts**

**S I. SIDE ROCK - BEHIND - SIDE - CROSS - SIDE ROCK - ¼ SAILOR FORWARD**

|  |  |
| --- | --- |
| 1 - 2 | Step R to side, recover on L |

|  |  |
| --- | --- |
| 3 & 4 | Step R cross behind L, Step L to side , step R cross over L |

|  |  |
| --- | --- |
| 5 - 6 | Step L to side, recover on R |

|  |  |
| --- | --- |
| 7 & 8 | Cross L behind turn ¼ Left, step R to side, Step L forward |

**S2. SIDE ROCK - CROSS - SIDE POINT - CROSS - HOLD - SIDE - CROSS = HOLD**

|  |  |
| --- | --- |
| 1 - 2 | Step R to side, recover on L |

|  |  |
| --- | --- |
| 3 - 4 | Cross R over L , Point L to side |

|  |  |
| --- | --- |
| 5 - 6 & | Cross L over R , Hold, Step R to side |

|  |  |
| --- | --- |
| 7 - 8 | Cross L over R, Hold |

**S3. SIDE ROCK - CROSS - SIDE POINT - ¼ JAZZ BOX FORWARD**

|  |  |
| --- | --- |
| 1 - 2 | Step R to side, recover on L |

|  |  |
| --- | --- |
| 3 - 4 | Cross R over L , Point L to side |

|  |  |
| --- | --- |
| 5 - 6 | Cross L over R, Step R back Turn ¼ Left |

|  |  |
| --- | --- |
| 7 - 8 | Step L to side, Step R forward |

**S4. SIDE ROCK - CLOSE - SIDE - CROSS ROCK -- SLIDE - CLOSE**

|  |  |
| --- | --- |
| 1 - 2& | Step L to L side, recover R, Close L beside R |

|  |  |
| --- | --- |
| 3 - 4 | Step R to side, Recover on L |

|  |  |
| --- | --- |
| 5 - 6 | Cross R over L, Recover on L |

|  |  |
| --- | --- |
| 7 - 8 | Long Step R to side Slide L to ward to R, Close L beside R |

**# Seg B : 32 Counts**

**S1. V STEP - SIDE - TOUCH BEHIND - SIDE - TOUCH BEHIND**

|  |  |
| --- | --- |
| 1 - 2 | Step R forward diagonal to R, Step L forward diagonal to L |

|  |  |
| --- | --- |
| 3 - 4 | Step R back to center, Step L close beside R |

|  |  |
| --- | --- |
| 5 - 6 | Step R to side, Touch L behind R |

|  |  |
| --- | --- |
| 7 - 8 | Step L to side, Touch R behind L |

**S2. GRAPEVINE ¼ - ROLLINH VINE**

|  |  |
| --- | --- |
| 1 - 2 | Turn ¼ Left Step R to R side, Cross L behind R |

|  |  |
| --- | --- |
| 3 - 4 | Step R to side, Point L to side |

|  |  |
| --- | --- |
| 5 - 6 | ¼ Turn left Step L forward, ½ Turn Left Step R back |

|  |  |
| --- | --- |
| 7 - 8 | ¼ Turn left Step L to side, Point R to side |

**S3. CROSS - SIDE POINT - ANCHOR STEP**

|  |  |
| --- | --- |
| 1 - 2 | Cross R over L , Point L to L side |

|  |  |
| --- | --- |
| 3 - 4 | Cross L over R , Point R to side |

|  |  |
| --- | --- |
| 5 & 6 | Step R back, Step L in place, Step R in place |

|  |  |
| --- | --- |
| 7 & 8 | Step L back, Step R in place, Step L in place |

**S4. BACK ROCK - FORWARD - ¼ TURN - ROCKING CHAIR - FLICK**

|  |  |
| --- | --- |
| 1 - 2 | Step R back, Recover on L |

|  |  |
| --- | --- |
| 3 - 4 | Step R forward, Recover on L |

|  |  |
| --- | --- |
| 5 - 6 | ¼ Turn Left Step R forward, Recover on L |

|  |  |
| --- | --- |
| 7 - 8 | Step R backward, recover L with flick R |

|  |
| --- |
|  |

**CONTACT PERSON : sumeh,adyt14@gmail.com**

**ENJOY THE DANCE**

**Last Update - 24 March 2021-R2**