|  |  |
| --- | --- |
| Sea Shanty Shenanigans |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 48 | **Wall:** | 2 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | CountryVive (UK) - February 2021 | | | | |
| **Music:** | Wellerman (Sea Shanty) - Nathan Evans : (Album: Single Version) | | | | |
| . | | | | | | |

**Count-in: 4 Count Intro**

**Note: A is 32 Counts - B is 16 Counts**

**The sequence of the dance is AAB, AAB, AAB**

**Part A:**

**[1-8] Syncopated Dorothy Steps, Rocking Chair, Heel Jack**

|  |  |
| --- | --- |
| 1&2 | Step RF to R diagonal, close LF behind RF, Step RF in place |

|  |  |
| --- | --- |
| &3& | Step LF to L diagonal, close RF behind LF, Step LF in place |

|  |  |
| --- | --- |
| 4 | Stomp RF to R diagonal (face 1.30) |

|  |  |
| --- | --- |
| 5& | Facing 1.30, rock LF across RF, recover weight to RF |

|  |  |
| --- | --- |
| 6& | Facing 1.30, rock LF back, recover weight to RF |

|  |  |
| --- | --- |
| 7&8 | Squaring up to 12.00, cross LF over RF, step RF a small step to the R side, touch L heel to L diagonal |

**[9-16] & Cross, Knee Pop, ¼ Triple, ¼ Side Rock, Recover, Full Turn, Side and Hitch**

|  |  |
| --- | --- |
| &1 | Close LF to RF, Cross RF over LF (as you cross, bring both hands in to stomach) |

|  |  |
| --- | --- |
| &2 | Raise heels (click both hands out to side) , drop heels (bring both hands back to stomach) |

|  |  |
| --- | --- |
| 3&4 | Make ¼ turn to L (face 9.00) as you fwd triple, stepping L, R, L |

|  |  |
| --- | --- |
| 5,6 | Make ¼ turn to L (face 6.00) as you rock RF to R side. Recover weight to L foot, taking L shoulder fwd to prep for a turn |

|  |  |
| --- | --- |
| & | Make a full turn clockwise (over R shoulder), closing RF to LF |

|  |  |
| --- | --- |
| 7 | Step LF to L side |

|  |  |
| --- | --- |
| 8 | Close RF to LF as you hitch your L knee, slapping L thigh with R hand |

**[17-24] Hitch Triples travelling back, Roger Rabbits, Ball Step, Stomp, Stomp**

|  |  |
| --- | --- |
| 1&2 | Let the L knee rotate to L as you step back on LF, step RF in place, step LF in place and hitch R knee |

|  |  |
| --- | --- |
| &3&4 | Let the R knee rotate to R as you step back on RF, step LF in place, step RF in place |

|  |  |
| --- | --- |
| &5 | Kick LF back, step back onto LF as you hitch R knee slightly |

|  |  |
| --- | --- |
| &6 | Kick RF back, step back onto RF as you hitch L knee slightly |

|  |  |
| --- | --- |
| &7 | Step back onto the ball of LF, step RF forward |

|  |  |
| --- | --- |
| &8 | Stomp LF to L diagonal, Stomp RF to R side |

**\*Optional arms for counts 1-7 - 'sailor' arms (arms bent at elbows, at chest height, with R arms placed over L arm)**

**[25-32] Close, Leg Flicks with ½ Turn R, Ball, ½ Pivot Turn, 1/2 Turn, ¼ Slide to R, ¼ Turn with Hitch**

|  |  |
| --- | --- |
| 1& | Close LF to RF as you flick RF up to R side (keep knees together) (1), press weight fwd onto ball of RF (&) (6.00) |

|  |  |
| --- | --- |
| 2& | Recover weight to L and make ¼ turn to R as you flick RF across L knee (2), press weight fwd onto ball of RF (&) (9.00) |

|  |  |
| --- | --- |
| 3& | Recover weight to L and make ¼ turn to R as you flick RF up to R side (keep knees together) (1), press weight fwd onto ball of RF (&) |

|  |  |
| --- | --- |
| 4 | Take weight back to LF (12.00) |

|  |  |
| --- | --- |
| &5 | Rock weight back onto ball of RF, step fwd on LF |

|  |  |
| --- | --- |
| 6 | ½ pivot turn to R taking weight to RF (6.00) |

|  |  |
| --- | --- |
| &7 | Make ½ turn R stepping back on LF, make ¼ turn R sliding RF a large step to R side (9.00) |

|  |  |
| --- | --- |
| 8 | Make a ¼ turn to R, close LF to RF and hitch R knee (6.00) |

**Part B**

**[1-8] Step Fwd, Flick, Step Back, Flick, Step Hitch Side, Slap/Clap Section**

|  |  |
| --- | --- |
| 1& | Step RF fwd, flick LF up behind R knee (slap foot with R hand) |

|  |  |
| --- | --- |
| 2& | Step LF back, flick RF up under L knee (slap R ankle with L hand) |

|  |  |
| --- | --- |
| 3&4 | Step RF to R diagonal, hitch L knee, step LF to L side |

**(Arms: Cross R arm over L arm 'sailor' style (3), hit backs of palms together (&), Slap both hands on thighs (4)**

|  |  |
| --- | --- |
| 5& | Hit L thigh with L hand (5), hit back of L hand with R hand (&) |

|  |  |
| --- | --- |
| 6& | Hit L thigh with L hand (6), hit R thigh with R hand |

|  |  |
| --- | --- |
| a7 | Hit back of R hand with L hand (a), Hit R thigh with R hand (7) |

|  |  |
| --- | --- |
| &a8 | Hit L thigh with L hand (e) clap both hands together at chest height (&) Slap both thighs with both hands (8) (12.00) |

**[9-16] & Heel Grind, Sweeps Back, Rock Recover, Skip Turn**

|  |  |
| --- | --- |
| & | Step LF a small step towards centre |

|  |  |
| --- | --- |
| 1,2 | Heel grid R heel (1), take weight to LF |

|  |  |
| --- | --- |
| 3 | Step back on RF sweeping LF from front to back |

|  |  |
| --- | --- |
| 4 | Step back on LF sweeping RF from front to back |

**(Optional arms on sweeps: swing arms from side to side)**

|  |  |
| --- | --- |
| 5,6 | Rock RF back, recover weight to LF |

|  |  |
| --- | --- |
| &7 | Hitch R knee with a slight hop (&), make ½ turn L stepping back on RF |

|  |  |
| --- | --- |
| &8 | Hitch L knee with a slight hop (&), make ½ turn L stepping LF fwd (12.00) |