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| My Girl |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | High Beginner | . |
| **Choreographer:** | Uli Elfrida (INA) - March 2021 |
| **Music:** | My Girl - Westlife |
| . |

**# Restart on wall 5 after 16 count**

**Section 1 : Kick ball point 2x, monterey turn, cross shuffle**

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| --- | --- |
| 1 & 2 | Kick R forward, step R next to L, point L to left side L |

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| --- | --- |
| 3 & 4 | Kick L forward, step L next to R, point R to right side |

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| --- | --- |
| 5 6 | 1/2 turn right step R next to L, point L to left side (6.00) |

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| --- | --- |
| 7 & 8 | Cross L over R, step R side, cross L over R |

**Section 2 : Rock, rec, behind, 1/4, forward, forward, rock, rec, together, rock, rec**

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| --- | --- |
| 1 2 | Rock R to right side, recover on L |

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| --- | --- |
| 3 & 4 | Step R behind L, 1/4 turn left step L forward, step R forward (3.00) |

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| --- | --- |
| 5 6 | Rock L forward, recover on R |

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| & 7 8 | Step L together, Rock R forward, recover on L |

**Section 3 : Back-touch (2x), back-touch knee pop, step, walk, fwd shuffle**

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| --- | --- |
| & 1 & 2 | Step R back, touch L fwd, step L back, touch R forward |

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| --- | --- |
| & 3 4 | Step R back - touch L forward & bend your knee, step L in place |

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| 5 6 | Step R forward, step L forward |

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| --- | --- |
| 7 & 8 | Step R forward, step L next to R, step R forward |

**Section 4 : Rock, rec, 1/2 left fwd shuffle, little step with stomp RLR, LRL**

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| --- | --- |
| 1 2 | Rock L forward, recover on R |

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| --- | --- |
| 3 & 4 | 1/2 turn left step L forward, step R next to L, step L forward (9.00) |

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| --- | --- |
| 5 & 6 | Little step forward with stomp R L R |

|  |  |
| --- | --- |
| 7 & 8 | Little step forward with stomp L R L |

**Happy dancing.**

**Contact : ulielfridaksp@gmail.com**