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| Northern Spirit |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Carolyn Jurek (CAN), Rob Fowler (ES) & I.C.E. (ES) - March 2021 |
| **Music:** | Nalligigakku (Because I Love Her) - Joey Nowyuk : (not the instrumental version) |
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**Intro: 16 counts (approx. 8 secs) (No Tags or Restarts)**

**S1 (1-8) R HEEL GRIND ¼ TURN RIGHT, R COASTER, L HEEL GRIND ¼ TURN LEFT, L COASTER**

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| 1-2 | Rock fwd R heel twisting R toe from L to R making ¼ turn right, recover back L 3:00 |

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| 3&4 | Step back R, step L next to R, step fwd R |

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| 5-6 | Rock fwd L heel twisting L toe from R to L making ¼ turn left, recover back R 12:00 |

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| 7&8 | Step back L, step R next to L, step fwd L |

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**S2 (9-16) R ROCK STEP FWD, SHUFFLE ½ TURN RIGHT, STEP L FWD, BOUNCE HEELS 3/8 TURN RIGHT, STEP L FWD**

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| 1-2 | Rock fwd R, recover back L |

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| 3&4 | Make ½ shuffle turn right stepping R, step L next to R, step fwd R 6:00 |

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| 5-6-7 | Step L fwd (5), bounce heels twice (6-7) while making a slow 3/8 turn right towards 10:30 (weight ends on R) 10:30 |

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| 8 | Step L fwd 10:30 |

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**S3 (17-24) R ROCK FWD DIAGONAL, R SHUFFLE BACK, TOUCH L BACK, 5/8 TURN LEFT, R SIDE ROCK**

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| 1-2 | Rock fwd R facing into diagonal, recover back L 10:30 |

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| 3&4 | Step R back, step L next to R, step R back 10:30 |

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| 5-6 | Touch L toe back (5), make 5/8 turn L stepping onto L (6) straightening to 3:00 |

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| 7-8 | Rock R to right side, recover L 3:00 |

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**S4 (25-32) STEP R, L SIDE ROCK, ½ TURNING L SAILOR, R KICK & POINT L-R, L HEEL, STEP L**

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| & | Step R beside L (&) 3:00 |

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| 1-2 | Rock L to left side, recover R |

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| 3&4 | Making a ½ turn left step L behind, step R to right side, step L to left side 9:00 |

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| 5&6 | Kick R fwd (5), step R beside L (&), point L toe to left side (6) |

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| &7 | Step L beside R (&), point R toe to right side (7) |

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| &8& | Step R beside L (&), touch L heel in front (8), step L beside R (&) |

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**Start Over**

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**I hope you will enjoy dancing to this unique track, with catchy music and lyrics sung in Inuktitut - one of the Inuit languages of northern Canada**

**Contact: Choreographer Carolyn Jurek - carolynjurek@gmail.com**