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| At My Worst |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Sally Hung (TW) - June 2021 |
| **Music:** | At My Worst (Cha Cha Style) (feat. DJ Romar) - Pink Sweat$ |
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**Intro: 32 counts from heavy beats - No Tag, No Restart**

**S1. SIDE, BEHIND TOUCH, SIDE, BEHIND TOUCH, WALK BACK R-L-R, POINT**

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| 1,2,3,4 | Step R to the side, touch L behind R, step L to the side, touch R behind L |

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| 5,6,7,8 | Walk back on R-L-R, touch L toe to L side |

**S2. CROSS, POINT, ¼ R, POINT, FWD ROCK, RECOVER, BACK, TOUCH TOGETHER**

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| 1,2,3,4 | Cross step L over R, touch R toe to the R, ¼ R stepping R fwd, touch L to the L |

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| 5,6,7,8 | Rock L fwd, recover onto R, step back on L, touch R together |

**S3. HALF RUMBA BOX FWD, ¼ L, ½ L, BACK, POINT**

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| 1,2,3,4 | Step R to the side, step L together, step R fwd, touch L beside R |

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| 5,6,7,8 | ¼ L stepping L fwd, ½ L stepping R fwd, step back on L, touch R toe to the R |

**S4. V STEP, ¼ L, TOGETHER, HEEL BOUNCES TWICE**

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| 1,2,3,4 | Step R to R diagonal, step L to L (shoulder wideth), step back R to the center, step L beside R |

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| 5,6,7,8 | ¼ L, step L together, heel bounces twice |

**Happy Dancing!**

**Contact Sally Hung: hung1125@gmail.com**