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| Take a No Day |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Easy Intermediate | . |
| **Choreographer:** | Liz Atkinson (USA) - July 2021 |
| **Music:** | Noday - DRAMAS |
| . |

**Thank you to my partner, Bradley, for finding this fun music!**

**#16 count intro - \*1 Restart: Wall 3**

**S1: SIDE, ROCK BACK, RCVR, SIDE, ROCK BACK, RCVR, FWD, SHUFFLE FWD, 1/2 PIVOT FLICK**

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| --- | --- |
| 1 | Step RF to R side |

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| --- | --- |
| 2&3 | Rock LF behind RF, recover onto RF, step LF to L side |

|  |  |
| --- | --- |
| 4&5 | Rock RF behind LF, recover onto LF, step RF forward |

|  |  |
| --- | --- |
| 6&7 | Shuffle fwd LF-RF-LF |

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| --- | --- |
| 8 | Pivot 1/2 R and flick LF back (6:00) |

**S2: SIDE, CROSSING SHUFFLE, SIDE ROCK, RCVR, CROSS, SIDE, 1/4L SIDE, CROSS, POINT**

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| --- | --- |
| 1 | Step LF to L side |

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| --- | --- |
| 2&3 | Cross RF over LF, step LF behind RF, cross RF over LF |

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| --- | --- |
| 4&5 | Rock LF to L side, recover onto RF, cross LF over RF |

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| --- | --- |
| 6&7 | Step RF to R side, turning 1/4L step LF to L side (3:00), cross RF over LF |

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| 8 | Point LF to L side (3:00) |

**\*On wall 3, step LF beside RF for an extra "&" count before restarting the dance here**

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| 8&1 | Point LF to L side, step LF beside RF, step RF to R side |

**S3: CROSS, 1/4R SHUFFLE FWD, ROCK, RCVR, 1/2L, SHUFFLE FWD, 1/4L HITCH**

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| --- | --- |
| 1 | Cross LF over RF |

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| --- | --- |
| 2&3 | Turning 1/4R shuffle fwd RF-LF-RF (6:00) |

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| --- | --- |
| 4&5 | Rock LF fwd, recover RF, turning 1/2L step LF fwd (12:00) |

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| --- | --- |
| 6&7 | Shuffle fwd RF-LF-RF |

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| --- | --- |
| 8 | Hitch L knee turning 1/4L (9:00) |

**S4: BACK, COASTER STEP, KICK, CLOSE, POINT, KICK, CLOSE, SIDE, FLICK BEHIND**

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| 1 | Step LF back |

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| --- | --- |
| 2&3 | Step RF back, step LF beside RF, step RF fwd |

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| --- | --- |
| 4&5 | Kick LF fwd, step LF beside RF, point RF to R side |

|  |  |
| --- | --- |
| 6&7 | Kick RF fwd, step RF beside LF, step LF to L side |

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| --- | --- |
| 8 | Flick RF behind L knee (9:00) |

**\*ENDING: On wall 9 (starting at 6:00), dance through S3. Instead of hitching 1/4 L, hitch 1/2L and step LF behind on the final beat, facing the front. (12:00)**

**Contact: info@LizAtkinsonDance.com - Asheville, NC, USA**