|  |  |
| --- | --- |
| Bad Habits |  |

.

|  |
| --- |
| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Maggie Gallagher (UK) & Gary O'Reilly (IRE) - July 2021 |
| **Music:** | Bad Habits - Ed Sheeran : (Amazon & iTunes) |
| . |

**Intro: 16 counts, start on vocals**

**S1: WALK, ¼ HITCH, SIDE, TORQUE/LOOK, ¼, ½, BACK, TOUCH/SIT**

|  |  |
| --- | --- |
| 1-2 | Walk forward on left, ¼ left hitching right knee up and raising right hip [9:00] |

|  |  |
| --- | --- |
| 3-4 | Step right to right side, Torque upper body to right looking to right and pointing left toe to left side |

|  |  |
| --- | --- |
| 5-6 | ¼ left stepping slightly forward on left, ½ left stepping back on right [12:00] |

|  |  |
| --- | --- |
| 7-8 | Step back on left, Touch right in front of left sitting back on left bending knees |

**S2: WALK, ½, BACK, TOUCH, WALK, ½, ½ SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Walk forward on right, ½ right stepping back on left [6:00] |

|  |  |
| --- | --- |
| 3-4 | Step back on right, Touch left in front of right |

|  |  |
| --- | --- |
| 5-6 | Walk forward on left, ½ left stepping back on right [12:00] |

|  |  |
| --- | --- |
| 7&8 | ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [6:00] |

**S3: WALK, HOLD & ROCK, RECOVER, BACK, BACK, BACK ROCK**

|  |  |
| --- | --- |
| 1-2& | Walk forward on right, HOLD, Step left next to right |

|  |  |
| --- | --- |
| 3-4 | Rock forward on right, Recover on left |

|  |  |
| --- | --- |
| 5-6 | Walk back on right popping left knee, Walk back on left popping right knee |

|  |  |
| --- | --- |
| 7-8 | Rock back on right popping left knee, Recover on left |

**S4: ¼ SIDE, HOLD &, SIDE, HOLD &, SIDE ROCK, BEHIND SIDE CROSS**

|  |  |
| --- | --- |
| 1-2& | ¼ hinge turn left stepping right to right side, HOLD, Step left next to right [3:00] |

|  |  |
| --- | --- |
| 3-4& | Step right to right side, HOLD, Step left next to right |

**Optional styling: shoulder rolls on counts 1-2 and 3-4**

**(while dropping right shoulder raise left and roll shoulders)**

|  |  |
| --- | --- |
| 5-6 | Rock right to right side, Recover on left |

|  |  |
| --- | --- |
| 7&8 | Cross right behind left, Step left to left side, Cross right over left \*Tag & Restart Wall 3 |

**S5: SIDE, TOGETHER, WALK, R SHUFFLE, ROCK, RECOVER, ½ SHUFFLE**

|  |  |
| --- | --- |
| 1-2-3 | Step left to left side, Step right next to left, Walk forward on left |

|  |  |
| --- | --- |
| 4&5 | Step forward on right, Step left next to right, Step forward on right |

|  |  |
| --- | --- |
| 6-7 | Rock forward on left, Recover on right |

|  |  |
| --- | --- |
| 8&1 | ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [9:00] |

**S6: WALK, WALK, ANCHOR STEP, BACK, ANCHOR STEP**

|  |  |
| --- | --- |
| 2-3 | Walk forward on right, Walk forward on left, |

|  |  |
| --- | --- |
| 4&5 | Lock right behind left, Step weight on left, Step slightly back on right |

|  |  |
| --- | --- |
| 6 | Step back on left |

|  |  |
| --- | --- |
| 7&8 | Cross right over left, Step weight on left, Step slightly forward on right |

**S7: CROSS, SWEEP, CROSS SWEEP, CROSS, ¼ BACK & CROSS, SIDE**

|  |  |
| --- | --- |
| 1-2 | Cross left over right, Ronde sweep right from back to front |

|  |  |
| --- | --- |
| 3-4 | Cross right over left, Ronde sweep left from back to front |

|  |  |
| --- | --- |
| 5-6& | Cross left over right, ¼ left stepping back on right, Step left next to right [6:00] |

|  |  |
| --- | --- |
| 7-8 | Cross right over left, Step left to left side |

**S8: BACK/DRAG, BACK/DRAG, BACK/SIT, RECOVER, WALK, STEP LOCK**

|  |  |
| --- | --- |
| 1-2 | Walk back on right dragging left to meet right |

|  |  |
| --- | --- |
| 3-4 | Walk back on left dragging right to meet left |

|  |  |
| --- | --- |
| 5-6 | Sit back on right bending knees, Recover on left |

|  |  |
| --- | --- |
| 7-8& | Walk forward on right, Step forward on left, Lock right behind left |

**\*TAG & RESTART: After 32 counts of Wall 3, dance the 4 count tag:**

**SIDE, TOUCH, ¼ SIDE, TOUCH**

|  |  |
| --- | --- |
| 1-2 | Step left to left side, Touch right next to left |

|  |  |
| --- | --- |
| 3-4 | ¼ right stepping right to right side, Touch left next to right [6:00] |

**Then restart the dance from the beginning facing [6:00]**

**ENDING: Dance 32 counts of Wall 8, then turn ¼ right ronde hitching left knee across right. Step forward on left and point right arm and first finger forward on the last word "you" [12:00].**

**Contact: Gary O'Reilly - oreillygaryone@gmail.com - 00353857819808**

**https://www.facebook.com/gary.reilly.104 - www.thelifeoreillydance.com**

**Maggie Gallagher - +44 7950291350**

**www.facebook.com/maggiegchoreographer - www.maggieg.co.uk**