|  |  |
| --- | --- |
| Losing All Control (WDM21) |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 96 | **Wall:** | 2 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | Mark Furnell (UK), Chris Godden (UK), Ray Jones (WLS) & Matt Lewis (UK) - July 2021 | | | | |
| **Music:** | Stay - Tooji | | | | |
| . | | | | | | |

**#32 Count Intro / Approx 15 Secs**

**Sequence: A, B, Tag 1, A, B, Tag 1, Tag 2, B, B, Tag 1**

**Part A**

**[01 - 08]: Heel Grind, ¼ Turn, Extended Back Shuffle, Together, Step, Together, Body Roll**

|  |  |
| --- | --- |
| 1 -2 | Grind right heel to right, turn ¼ right step left back (3:00) |

|  |  |
| --- | --- |
| 3&4&5 | Step right back, step left beside right, step right back, step left beside right, step right back |

|  |  |
| --- | --- |
| 6& | Step left beside right, step right forward |

|  |  |
| --- | --- |
| 7-8 | Step left beside right body rolling up from knees to head |

**[09 - 16]: Walk, Walk, Step ½ Pivot Step, Ball Rock, Ball Step ¼ Hitch**

|  |  |
| --- | --- |
| 1-2 | Step right forward, step left forward |

|  |  |
| --- | --- |
| 3&4 | Step right forward, turn ½ left transferring weight onto left, step right forward (9:00) |

|  |  |
| --- | --- |
| &5-6 | Step left beside right, rock right forward, recover weight onto left |

|  |  |
| --- | --- |
| &7-8 | Step right beside left, step left forward, turn ¼ right hitch right knee (12:00) |

**[17 - 24]: Skate, Skate, Shuffle, Skate Skate , Shuffle**

|  |  |
| --- | --- |
| 1-2 | Step right to right diagonal, step left to left diagonal |

|  |  |
| --- | --- |
| 3&4 | Step right to right diagonal, step left beside right, step right to right diagonal |

|  |  |
| --- | --- |
| 5-6 | Step left to left diagonal, step right to right diagonal |

|  |  |
| --- | --- |
| 7&8 | Step left to left diagonal, step right beside left, step left to left diagonal |

**[25 - 32]: ⅛ Press, Slide, Press, Slide, Step ⅜ Pivot, Side, Side**

|  |  |
| --- | --- |
| 1-2 | Turn ⅛ left press right toe forward, slide left foot back keeping weight on right (10:30) |

|  |  |
| --- | --- |
| 3-4 | Press left toe forward, slide right foot back keeping weight on left |

|  |  |
| --- | --- |
| 5-6 | Step right forward, turn ⅜ left transferring weight onto left (6:00) |

|  |  |
| --- | --- |
| 7-8 | Step right to right, transfer weight onto left |

**Arms wipe brow with right hand**

**[33 - 40]: Cross, ¼ Turn, Coaster Step, Step ¼ Pivot, Behind Side Cross**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, step left to left |

|  |  |
| --- | --- |
| 3&4 | Turn ¼ right step right back, step left beside right, step right forward (9:00) |

|  |  |
| --- | --- |
| 5-6 | Step left forward, turn ¼ right transferring weight onto right (12:00) |

|  |  |
| --- | --- |
| 7&8 | Step left behind right, Step right to right, Cross left over right |

**[41 - 48]: Out Out, Arms, Body Rotation, Step**

|  |  |
| --- | --- |
| 1-2 | Step right to right diagonal, step left to left |

|  |  |
| --- | --- |
| 3-4 | Place right arm forward at shoulder height, place left arm forward at shoulder height |

|  |  |
| --- | --- |
| 5-8 | Rotate body from left to right anti-clockwise (weight ends on left) |

**[49 - 56]: Jazzbox ¼ Turn, Jazzbox ¼ Turn (6:00)**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, turn ¼ right step left back |

|  |  |
| --- | --- |
| 3-4 | Step right to right, step left forward |

|  |  |
| --- | --- |
| 5-6 | Cross right over left, turn ¼ right step left back |

|  |  |
| --- | --- |
| 7-8 | Step right to right, step left forward |

**[57 - 64]: Out Out, Arms, Body Roll**

|  |  |
| --- | --- |
| 1-2 | Step right to right diagonal, step left to left |

|  |  |
| --- | --- |
| 3-4 | Place right hand on center of chest, place left hand on right hand |

|  |  |
| --- | --- |
| 5-8 | Body roll from head to feet weight ending on left |

**Part B**

**[01 - 08]: Dorothy Step, Dorothy Step, Out Out, Ball Cross, ½ Unwind**

|  |  |
| --- | --- |
| 1-2& | Step right forward, lock left behind right, step right forward |

|  |  |
| --- | --- |
| 3-4& | Step left forward, lock right behind left, step left forward |

|  |  |
| --- | --- |
| 5-6 | Step right to right diagonal, step left to left |

|  |  |
| --- | --- |
| &7-8 | Step right beside left, cross left over right, unwind ½ right weight on left (12:00) |

**[09 - 16]: Walk, Walk, Kick Ball Step, Walk, Walk, Step ¼ Pivot**

|  |  |
| --- | --- |
| 1-2 | Step right forward, step left forward |

|  |  |
| --- | --- |
| 3&4 | Kick right forward, step right beside left, step left forward |

|  |  |
| --- | --- |
| 5-6 | Step right forward, step left forward |

|  |  |
| --- | --- |
| 7-8 | Step right forward, turn ¼ left transferring weight onto left (9:00) |

**Arms**

|  |  |
| --- | --- |
| 7 | Cross arms in front of chest making an X |

|  |  |
| --- | --- |
| & | Take both arms out to the each side, elbows bent at 90 degree angle, hands at head height |

|  |  |
| --- | --- |
| 8 | Keep elbows bent at 90 degree angle, drop both hands down |

**[17 - 24]: Cross, Hold, Ball Cross Shuffle, Side Rock, ¼ Weave**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, hold |

|  |  |
| --- | --- |
| &3&4 | Step left beside right, cross right over left, step left beside right, cross right over left |

|  |  |
| --- | --- |
| 5-6 | Rock left to left, recover weight onto right |

|  |  |
| --- | --- |
| 7&8 | Step left behind right, turn ¼ right step right forward, step left forward (12:00) |

**[25 - 32]: Kick Ball Heel, Ball Touch ½ Unwind, Cross & Heel, Ball Cross, ½ Unwind**

|  |  |
| --- | --- |
| 1&2 | Kick right forward, step right beside left, touch left heel forward |

|  |  |
| --- | --- |
| &3-4 | Step left beside right, touch right toe back, unwind ½ right transferring weight onto right (6:00) |

|  |  |
| --- | --- |
| 5&6 | Cross left over right, step right to right, touch left heel diagonally forward |

|  |  |
| --- | --- |
| &7-8 | Step left beside right, cross right over left, unwind ½ left transferring weight onto left (12:00) |

**Tag 1**

**[01 - 08]: Slide, Weave, Stomp, Hold, Ball Cross Shuffle**

|  |  |
| --- | --- |
| 1-2 | Step right to right sliding left towards right |

|  |  |
| --- | --- |
| 3&4 | Step left behind right, step right to right, cross left over right |

|  |  |
| --- | --- |
| 5-6 | Stomp right to right, hold |

|  |  |
| --- | --- |
| &7&8 | Step left beside right, cross right over left, step left beside right, cross right over left |

**[09 - 16]: Slide, Weave, Stomp, Hold, Ball Cross Shuffle**

|  |  |
| --- | --- |
| 1-2 | Step left to left sliding right towards left |

|  |  |
| --- | --- |
| 3&4 | Step right behind left, step left to left, cross right over left |

|  |  |
| --- | --- |
| 5-6 | Stomp left to left, hold |

|  |  |
| --- | --- |
| &7&8 | Step right beside left, cross left over right, step right beside left, cross left over right |

**Tag 2**

**[01 - 08]: Vine ¼ Turn, Step ½ Pivot Step, Touch, Back**

|  |  |
| --- | --- |
| 1-3 | Step right to right, step left behind right, turn ¼ right step right forward (3:00) |

|  |  |
| --- | --- |
| 4-6 | Step left forward, turn ½ right transferring weight onto right, step left forward (9:00) |

|  |  |
| --- | --- |
| 7-8 | Touch right behind left, step right back |

**[09 - 16]: Side, Hold, Ball Side Shuffle, Side, Hold, Ball Side Shuffle**

|  |  |
| --- | --- |
| 1-2 | Step left to left, hold |

|  |  |
| --- | --- |
| &3&4 | Step right beside left, step left to left, step right beside left, step left to left |

|  |  |
| --- | --- |
| 5-6 | Step right to right, hold |

|  |  |
| --- | --- |
| &7&8 | Step left beside right, step right to right, step left beside right, step right to right |

**[17 - 24]: ⅛ Rocking Chair, Step ½ Pivot, Walk, Walk**

|  |  |
| --- | --- |
| 1-2 | Turn ⅛ right rock left forward, recover weight onto right (10:30) |

|  |  |
| --- | --- |
| 3-4 | Rock left back, recover weight onto right |

|  |  |
| --- | --- |
| 5-6 | Step left forward, turn ½ right transferring weight onto right (4:30) |

|  |  |
| --- | --- |
| 7-8 | Step left forward, step right forward |

**[25 - 36]: Jump & Touch, ⅛ Back, ¼ Step, Full Turn Step, Jump Out, Arms**

|  |  |
| --- | --- |
| &1-2 | Jump forward onto left touching right behind left, turn ⅛ left step right back (3:00) |

|  |  |
| --- | --- |
| 3&4 | Turn ¼ left step left forward, full turn left step right beside left (12:00) |

|  |  |
| --- | --- |
| &5-6 | Jump both feet out punching both arms forward, punch both arms forward |

|  |  |
| --- | --- |
| 7&8 | Punch both arms forward, punch both arms forward, punch right arm up |

**Note: On punches forward, start with first punch at shoulder height and lower on the following punches**

|  |  |
| --- | --- |
| 1-4 | Slowly pull right arm down |