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| Ndi Hamba Nawe (Go With You) |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Antoinette Seiler (UK) - July 2021 |
| **Music:** | Ndihamba Nawe - Mafikizolo : (Album: Sibongile) |
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**Intro: 32 counts (approx. 15 secs) - Start on vocals (no tags or restarts)**

**S1: R Toe Strut, L Toe Strut, R Rocking Chair**

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| 1,2 | Touch ball of R foot forward, drop R heel down transferring weight on to R |

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| 3,4 | Touch ball of L foot forward, drop L heel down transferring weight on to L |

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| --- | --- |
| 5,6 | Rock forward on R, recover weight on L |

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| 7,8 | Rock back on R, recover weight on L |

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**S2: R Lock Step, Hold, Step L, Pivot ½ R, Hold**

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| 1,2,3,4 | Step forward on R, lock L behind R, step forward on R, hold |

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| 5,6 | Step forward on L, make ½ turn R over R shoulder (weight forward on R) |

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| 7,8 | Step forward on L, hold 6:00 |

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**S3: K Step with Brush (and optional claps)**

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| 1,2 | Step R diagonally forward R, touch L next to R (and clap) |

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| 3,4 | Step L diagonally back L, touch R next to L (and clap) |

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| --- | --- |
| 5,6 | Step R diagonally back R, touch L next to R (and clap) |

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| 7,8 | Step L diagonally forward L, brush R across L (and clap) |

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**S4: R Jazz Box, Hold, L Jazz Box ¼ L, Hold**

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| 1,2,3,4 | Cross step R over L, step back on L, step R to R side, hold |

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| 5,6,7,8 | Cross step L over R, step back on R, make ¼ turn L stepping L to L side, hold 3:00 |

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**Start Over**

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**This dance is dedicated to all the communities that stood together, helping each other, after the terrible riots in KZN.**

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**With heartfelt thanks to Ileen and the lovely Isolinedance ladies of Pennington, Durban, South Africa.**

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**African people dance with verve and gusto; please feel free to express yourself.**

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