|  |  |
| --- | --- |
| One Plus One (1+1) |  |

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| . |
| **Count:** | 64 | **Wall:** | 1 | **Level:** | Phrased Intermediate | . |
| **Choreographer:** | Jim PAVADÉ (FR) - October 2021 |
| **Music:** | 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia |
| . |

**The dance starts with the body weight on the LF**

**Sequence : AB - AB - AB - AB - A Tag B**

**Sequence A (32 counts)**

**Section 1 : 3 Forward Walk Steps, Mambo Step with 1/4 Turn L, Step Forward with ¼ Turn L, Recover with ¼ Turn L, Right Shuffle Forward**

|  |  |
| --- | --- |
| 1 2 3 | RF forward, LF forward, RF forward |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF to side with ¼ turn L |

|  |  |
| --- | --- |
| 6 7 | RF forward with ¼ turn L, Recover on LF with ¼ turn L |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Section 2 : 2 Forward Walk Steps, Mambo Step with 1/4 Turn L, Step Forward with ¼ Turn L, Recover with ¼ Turn L, Right Shuffle Forward**

|  |  |
| --- | --- |
| 2 3 | LF forward, RF forward |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF to side with ¼ turn L |

|  |  |
| --- | --- |
| 6 7 | RF forward with ¼ turn to L, Recover on LF with ¼ turn L |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Section 3 : 2 Forward Walk Steps, Mambo Step with 1/4 Turn L, Step Forward with ¼ Turn L, Recover with ¼ Turn L, Right Shuffle Forward**

|  |  |
| --- | --- |
| 2 3 | LF forward, RF forward |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF to side with ¼ turn L |

|  |  |
| --- | --- |
| 6 7 | RF forward with ¼ turn L, Recover on LF with ¼ turn L |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Section 4 : 2 Forward Walk Steps, Mambo Step with 1/4 Turn L, Step Forward with ¼ Turn L, Recover with ¼ Turn L, Right Shuffle Forward**

|  |  |
| --- | --- |
| 2 3 | LF forward, RF forward |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF to side with ¼ turn L |

|  |  |
| --- | --- |
| 6 7 | RF forward with ¼ turn L, Recover on LF with ¼ turn L |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Sequence B (32 counts)**

**Section 1 : Syncopated Time Step Chachacha Box Turning Right**

|  |  |
| --- | --- |
| 2 & 3 | LF next to RF, RF in place, LF to side (12h00) |

|  |  |
| --- | --- |
| 4 & 5 | RF next to LF, LF in place, RF to side with ¼ turn R (03h00) |

|  |  |
| --- | --- |
| 6 & 7 | LF next to RF, RF in place, LF to side with ¼ turn R (6h00) |

|  |  |
| --- | --- |
| 8 & 1 | RF next to LF, LF in place, RF to side with ¼ turn R (09h00) |

**Section 2 : Cuban Break Steps (Cross Mambo) LF & RF**

|  |  |
| --- | --- |
| 2 & 3 & | LF cross over RF, RF in place, LF to side, RF in place |

|  |  |
| --- | --- |
| 4 & 5 | LF cross over RF, RF in place, LF to side |

|  |  |
| --- | --- |
| 6 & 7 & | RF cross over LF, LF in place, RF to side, LF in place |

|  |  |
| --- | --- |
| 8 & 1 | RF cross over LF, LF in place, RF to side with 1/8 turn R (10h30) |

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**Section 3 : Full Diamond Turning to the Left**

|  |  |
| --- | --- |
| 2 & 3 | LF back, RF back, LF to side with 1/8 turn L (09h00) |

|  |  |
| --- | --- |
| 4 & 5 | RF forward with 1/8 turn L (07h30), LF forward, RF to side with 1/8 turn L(06h00) |

|  |  |
| --- | --- |
| 6 & 7 | LF back with 1/8 turn L (04h30), RF back, LF to side with 1/8 turn L (03h00) |

|  |  |
| --- | --- |
| 8 & 1 | RF forward with 1/8 turn L (01h30), LF forward, RF to side with 1/8 turn L (12h00) |

**Section 4 : L, R, L, R Shuffle curved Forward**

|  |  |
| --- | --- |
| 2 & 3 | LF forward, RF behind LF, LF forward curved left |

|  |  |
| --- | --- |
| 4 & 5 | RF forward, LF behind RF, RF forward curved right |

|  |  |
| --- | --- |
| 6 & 7 | LF forward, RF behind LF, LF forward curved left |

|  |  |
| --- | --- |
| 8 & | RF forward, LF cross behind RF |

**Tag on wall 5, after sequence A**

**Section 1 : 2 Forward Walk Steps, Mambo Step with 1/2 Turn L, Full Turn to Left, Right Shuffle Forward**

|  |  |
| --- | --- |
| 2 3 | LF forward, RF forward (12h00) |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF forward with ½ turn L (06h00) |

|  |  |
| --- | --- |
| 6 7 | RF back with ½ turn L (12h00), LF forward with ½ turn L (06h00) |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Section 2 : 2 Forward Walk Steps, Mambo Step with 1/2 Turn L, Full Turn to Left, Right Shuffle Forward**

|  |  |
| --- | --- |
| 2 3 | LF forward, RF forward (06h00) |

|  |  |
| --- | --- |
| 4 & 5 | Mambo LF forward - Recover on RF, LF forward with ½ turn to L (12h00) |

|  |  |
| --- | --- |
| 6 7 | RF back with ½ turn L (06h00), LF forward with ½ turn L (12h00) |

|  |  |
| --- | --- |
| 8 & 1 | RF forward, LF cross behind RF, RF forward |

**Enjoy !**