|  |  |
| --- | --- |
| Head & Heart |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - September 2021 | | | | |
| **Music:** | My Head & My Heart - Ava Max | | | | |
| . | | | | | | |

**I. FORWARD, ¼ R BACK, SIDE, TOGETHER, SIDE, TOUCH, TOUCH BACK, ½ UNWIND**

|  |  |
| --- | --- |
| 1-2 | Step R forward, ¼ turn right step L back (3.00) |

|  |  |
| --- | --- |
| 3-4& | Step R to side, hold, close L together |

|  |  |
| --- | --- |
| 5-6 | Step R to side, point L forward |

|  |  |
| --- | --- |
| 7-8 | Point L back, ½ turn left unwind (9.00) |

**II. ½ MONTEREY, FORWARD, KICK, BACK, POINT**

|  |  |
| --- | --- |
| 1-2 | Touch R to side, ½ turn right step R beside L |

|  |  |
| --- | --- |
| 3-4 | Touch L to side, close L together (3.00) |

|  |  |
| --- | --- |
| 5-6 | 1/8 Turn left step R forward, kick L diagonal |

|  |  |
| --- | --- |
| 7-8 | Step L back, point R to side |

**#Restart here on wall 2 & 6 facing 6.00**

**III. FORWARD, ¼ R, SAILOR, KICK BALL CHANGE, CROSS SAMBA**

|  |  |
| --- | --- |
| 1-2 | Step R forward, ¼ turn left step L back (6.00) |

|  |  |
| --- | --- |
| 3&4 | Cross R behind L, step L to side, step R to side |

|  |  |
| --- | --- |
| 5&6 | Kick L diagonal right, step L in place, step R in place |

|  |  |
| --- | --- |
| 7&8 | Cross L over R, step R to side, step L in place |

**IV. FORWARD, SPIRAL, SHUFFLE, ROCK FORWARD, ¼ L SAILOR**

|  |  |
| --- | --- |
| 1-2 | Step R forward, full spiral turn left |

|  |  |
| --- | --- |
| 3&4 | Step R forward, close L beside R, step R forward |

|  |  |
| --- | --- |
| 5-6 | Rock L forward, recover on R |

|  |  |
| --- | --- |
| 7&8 | ¼ Turn left cross L behind R, step R to side, step L to side (3.00) |

**Enjoy the dance!!!**

**Contact: hottiepurba@yahoo.com**