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| Break Into My Heart |  |

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| **Count:** | 32 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Darren Bailey (UK) - March 2022 | | | | |
| **Music:** | Break Into My Heart - Daughtry | | | | |
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**Intro: 16 Counts**

**Step back with sweep, Behind, 1/4 turn L, Spiral full turn L, Running curve L with sweep, Cross, Side, Back rock, Recover, 1/2 turn L**

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| 1-2& | Step back on LF and sweep RF from front to back, Cross RF behind LF, Make a 1/4 turn L and step forward on LF |

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| 3-4& | Step forward on RF and make a spiral full turn to L weight remains on R (now facing 9:00), make an 1/8 turn L and step forward on LF, make an 1/8 turn L and step forward on RF (now facing 6:00) |

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| 5-6& | Step LF to L diagonal and sweep RF from back to front, Cross RF over LF, Step LF to L side |

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| 7-8& | Rock back on RF opening body to face 7:30, recover onto LF, make a 1/2 turn L and step back on RF (now facing 1:30) |

**Note: counts 4&5 should be danced as a curve.**

**1/2 turn L with hand push, Full turn and a 1/2 to R, Run forward L, R, L with R hitch, Step back with sweep, Step back with sweep, Behind, 1/4 L**

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| 1-2& | Make a 1/4 turn L and step LF to L side (rotate body and extra 1/4 turn to L and push R hand forward coming from the centre of your chest, as if offering your heart) (now facing 7:30), make a 1/2 turn R and step forward on RF (puling hand back in), make a 1/2 turn R and step back on LF |

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| 3-4& | Make a 1/2 turn R and step forward on RF (now facing 1:30), Step forward on LF, Step forward on RF |

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| 5-6 | Step forward on LF hitching R knee (Still facing 1:30), Step back on RF sweep LF from front to back |

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| 7-8& | Step back on LF sweep RF from front to back, Cross RF behind LF, make a 1/4 turn L and step LF to L side (now facing 10:30) |

**Pivot 1/2 L, Pivot 1/2 L, 3/8 turn L step back R, Back L, R, Close L, Step forward R, L, R with L hitch, Cross, Side**

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| 1&2& | Step forward on RF, Make a 1/2 pivot turn L, Step forward on RF, Make a 1/2 pivot turn L |

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| 3&4& | Make a 3/8 turn L and step back on RF (now facing 6:00), Step back on LF, Step back on RF, Close LF next to RF |

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| 5-6 | Step forward on RF, Step forward on LF |

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| 7-8& | Step forward on RF and hitch L knee, Cross LF over RF, Step RF to R side |

**Rock back L, Recover, Side, 1/2 Diamond R, Mambo 1/2 turn R, Step L, Step R, Touch L**

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| 1-2& | Rock back on L opening body to face 4:30, Recover onto RF, Step LF to L returning body to face 6:00 |

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| 3-4& | Make a 1/8 turn R and step back on RF, Make a 1/8 turn R and cross LF behind RF (now facing 9:00), Make a 1/8 turn R and step forward on RF |

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| 5-6& | Make a 1/8 turn R and step forward on LF (now facing 12:00), Rock forward on RF, Recover onto LF |

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| 7&8& | Make a 1/2 turn R and step forward on RF (now facing 6:00), Step forward on LF, Step forward on RF, Touch LF behind RF |

**(Tag: add the tag here after walls 1 and 2)**

**Reverse rocking chair**

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| 1-2 | Step back on LF and sweep RF from front to back, Rock back on RF |

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| 3-4 | Recover onto LF, Rock forward on RF lowering body a little and taking R shoulder forward slightly (this will help make the first step of the dance a little more powerful) |

**Note: the tag is slow, so you can you your body to fill out the counts**