|  |  |
| --- | --- |
| Move That Slow |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 92 | **Wall:** | 2 | **Level:** | Phrased High Intermediate | . |
| **Choreographer:** | Mona Akersveen Schützer (NOR) - May 2022 | | | | |
| **Music:** | Higher - Michael Bublé | | | | |
| . | | | | | | |

**No intro, starts immediately**

**Sequence: AA B AAA B AA C AA ending**

**Part A : 32c**

**[1-8] Step fwd, lock step, rock fwd, lockstep back, walk back**

|  |  |
| --- | --- |
| 1 | Step RF fwd |

|  |  |
| --- | --- |
| &2 | Step LF fwd, Lock RF behind |

|  |  |
| --- | --- |
| 3 | Step LF fwd |

|  |  |
| --- | --- |
| 4-5 | Rock RF fwd, recover on LF |

|  |  |
| --- | --- |
| 6&7 | Step RF back, lock LF in front of RF, step RF back |

|  |  |
| --- | --- |
| 8 | Walk LF back |

**[9-16] Walk back, turn ¼ L (9 o’clock), cross point x2**

|  |  |
| --- | --- |
| 1 | walk RF back |

|  |  |
| --- | --- |
| 2-4 | Touch LF toe back, turning ¼ L (9 o’clock), transfer weight on LF |

|  |  |
| --- | --- |
| 5-6 | Cross RF over LF, point LF to L, |

|  |  |
| --- | --- |
| 7-8 | Cross LF over RF, point RF to R |

**(2-4 you can do a body roll while turning to your left)**

**[17-24] Rock fwd, lockstep back, touch back, turn ½ (3 o’clock), travelling samba step**

|  |  |
| --- | --- |
| 1-2 | Rock fwd on RF, recover on LF |

|  |  |
| --- | --- |
| 3&4 | Step RF back, Lock LF in front of RF, Step RF Back |

|  |  |
| --- | --- |
| 5-6 | Touch LF toe back, turn ½ L (3 o’clock), transfer weight to LF |

|  |  |
| --- | --- |
| 7&8 | Step RF fwd over LF, rock LF to L (&), recover on LF stepping LF slightly fwd |

**[25-32] travelling samba step, rock step, turn ¼ R, lock step back, coaster step**

|  |  |
| --- | --- |
| 1&2 | Step LF fwd over RF, rock RF to R, recover on LF stepping RF slightly fwd |

|  |  |
| --- | --- |
| 3-4 | Rock RF fwd, turn ¼ R (6 o’clock), step LF back |

|  |  |
| --- | --- |
| 5&6 | Step RF back, Lock L in front of RF, step RF back |

|  |  |
| --- | --- |
| 7&8 | Step LF back, step RF beside LF, step LF fwd |

**Part B : 20c**

**[1-8] (12 o’clock) Step R, sweep, cross, back, back, sweep, behind turn ½ (6 o’clock) step fwd**

|  |  |
| --- | --- |
| 1-4 | Step RF fwd, sweep LF from back to front, Cross LF over RF, Step back on RF |

|  |  |
| --- | --- |
| 5-8 | Cross LF behind RF and sweep RF from front to back, Cross RF behind LF, ½ turn L and step fwd on LF |

**[9-16] Rock to right, rock to left, point right, point left, scuff hitch step**

|  |  |
| --- | --- |
| 1-2& | Rock RF to R side, weight back on LF, change weight to RF |

|  |  |
| --- | --- |
| 3-4& | Rock LF to L side, weight back on RF, change weight to LF |

|  |  |
| --- | --- |
| 5& | Point RF to R side, Step RF beside LF |

|  |  |
| --- | --- |
| 6& | Point LF to L side, Step LF beside RF |

|  |  |
| --- | --- |
| 7&8 | Scuff, hitch RF over LF, step RF over LF |

**[17-20] step back, step back, knee pop**

|  |  |
| --- | --- |
| 1-2 | Step LF back, step RF next to LF |

|  |  |
| --- | --- |
| 3-4 | Knee pop L while weight on RF, knee pop R while transferring weight to LF |

**Part C : 40c**

**[1-8] (6 o’clock) Step R, sweep, cross, back, back, sweep, behind turn ½ (12 o’clock) step fwd**

|  |  |
| --- | --- |
| 1-4 | Step RF fwd, sweep LF from back to front, Cross LF over RF, Step back on RF |

|  |  |
| --- | --- |
| 5-8 | Cross LF behind RF and sweep RF from front to back, Cross RF behind LF, ½ turn L and step fwd on LF |

**[9-16] Repeat step 1-8 (6 o’clock)**

**[17-24] Repeat step 1-8 (12 o clock)**

**[25-32] step fwd, point, step fwd, point, jazz box with ½ turn R (6 o’clock)**

|  |  |
| --- | --- |
| 1-2 | Step fwd on RF, Point LF to L |

|  |  |
| --- | --- |
| 3-4 | Step fwd on LF, point RF to R |

|  |  |
| --- | --- |
| 5-8 | Cross RF over L, step LF back, ¼ turn R step RF to R, turn ¼ step LF fwd |

**[33-40] step fwd, point, step fwd, point, jazz box**

|  |  |
| --- | --- |
| 1-2 | Step fwd on RF, Point LF to L |

|  |  |
| --- | --- |
| 3-4 | Step fwd on LF, point RF to R |

|  |  |
| --- | --- |
| 5-8 | Cross RF over L, step LF back, step RF to R, Step LF fwd |

**Ending : Facing 6 o’clock, walk 4 steps fwd starting on RF, ½ turn R (12 o’clock), walk 3 steps fwd starting on LF. End of Dance**

**Enjoy!**

**Contact: Mona Akersveen Schutzer (mona@svensken.com)**