|  |  |
| --- | --- |
| He's Moving Slow |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | High Beginner | . |
| **Choreographer:** | Susan Reynolds (USA) - July 2020 |
| **Music:** | You Don't Love Me (Pisk Remix) - Caro Emerald |
| . |

**\*\*2 Restarts – Both occur after 16 counts while facing 3:00**

**Intro: 8-counts.**

**CHARLESTON**

|  |  |
| --- | --- |
| 1-2 | Step R forward, Kick L forward |

|  |  |
| --- | --- |
| 3-4 | Step L back, Touch R back |

|  |  |
| --- | --- |
| 5-6 | Step R forward, Kick L forward |

|  |  |
| --- | --- |
| 7-8 | Step L back, Touch R back |

**STEP TOGETHER SHUFFLE, WALK BACK 3, KICK**

|  |  |
| --- | --- |
| 1-2 | Step R to side, Step L together beside R |

|  |  |
| --- | --- |
| 3&4 | Step R to side, Step L beside R, Step R to side |

|  |  |
| --- | --- |
| 5-8 | Step L back, Step R back, Step L back, Kick R forward |

**Restart here after 16 counts, on Wall 4 facing 3:00**

**Restart here after 16 counts, on Wall 8 facing 3:00\***

**RAMBLE RIGHT, HIT HEEL TWICE**

|  |  |
| --- | --- |
| 1-4 | Twist both heels R moving R, Twist both toes to R moving R, Twist both heels R moving R, Twist both toes to R moving R (End with weight on L) |

|  |  |
| --- | --- |
| 5-6 | Lift R heel up behind body as hit heel with R hand, Touch R toe down in place |

|  |  |
| --- | --- |
| 7-8 | Lift R heel up behind body as hit heel with R hand, Touch R toe down in place |

**¼ PIVOT TURN LEFT, JAZZ BOX**

|  |  |
| --- | --- |
| 1-2 | Step R forward as turn 1/8 to L, (Weight returns to L foot) |

|  |  |
| --- | --- |
| 3-4 | Step R forward as turn 1/8 to L, (Weight returns to L foot) |

|  |  |
| --- | --- |
| 7-8 | Cross R over L, Step back L, Step R to side, Step L beside R |

**\*NOTE: There is a section of music that has subdued lyrics and different music. It begins on Wall 7 facing 6:00. Keep dancing. When you are at Wall 8 facing 3:00, dance 16 counts and do the second restart**

**The dance moves counterclockwise.**

**Questions: shreynolds203@gmail.com**