|  |  |
| --- | --- |
| My One and Only One |  |

.

|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Larry Bass (USA) - April 2022 |
| **Music:** | You Are The Only One - Ricky Nelson |
| . |

**RUMBA BOX FORWARD, TOUCH; RUMBA BOX BACK, TOUCH**

|  |  |
| --- | --- |
| 1-4 | Step R to right; Step L beside R; Step R forward; Touch L beside R |

|  |  |
| --- | --- |
| 5-8 | Step L to left; Step R beside L; Step L back; Touch R beside L |

**SIDE, TOGETHER, SIDE, HOLD; CROSSOVER ROCK STEP, SIDE, HOLD**

|  |  |
| --- | --- |
| 1-4 | Step R to right; Step L beside R; Step R to right; Hold |

|  |  |
| --- | --- |
| 5-8 | Rock L across R; Recover back to R; Step L to left; Hold |

**CROSS, SIDE, BEHIND, SWEEP; BEHIND, SIDE, CROSS, SWEEP**

|  |  |
| --- | --- |
| 1-4 | Step R across; Step L to left; Step R behind L; Sweep L from front to back |

|  |  |
| --- | --- |
| 5-8 | Step L behind R; Step R to right; Step L across R; Sweep R from back to front |

**CROSS, BACK, ¼ TURN STEP, SIDE, SWEEP; CROSS, BACK, SIDE, TOUCH**

|  |  |
| --- | --- |
| 1-4 | Step R across L; Step L back; Make a ¼ turn right & step R to right (3:00); Sweep L over R |

|  |  |
| --- | --- |
| 5-8 | Step L across R; Step R back; Step L to left; Touch R beside L |

**Begin Again**

**INQUIRIES: (Larry Bass Ph: 904-540-8445);**

**E-MAIL: larrybass6622@comcast.net - 1630 Lemonwood Rd. Saint Johns, Fl. 32259**