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| Sugar in My Sweet Tea |  |

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| . |
| **Count:** | 32 | **Wall:** | 3 | **Level:** | Intermediate | . |
| **Choreographer:** | Sheila Pfaff (USA) - February 2020 |
| **Music:** | Sweet Tea - Ac Thomas : (Album: Paradox; - iTunes, Spotify) |
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**Intro: 16 counts after introductory words**

**Restarts: 3 (Second restart comes after Tag 1.)**

**Tags: 2**

**[1-8] MOVING FORWARD: STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, 1/8 TURN PIVOTS MAKING 1/2 TURN L (can do regular pivots if desired)**

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| --- | --- |
| 1&2& | Step R forward (1), touch L next to R (&), step L forward (2), touch R next to L (&) |

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| --- | --- |
| 3&4& | Step R forward (3), touch L next to R (&), step L forward (4), touch R next to L (&) |

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| --- | --- |
| 5&6& | Turn 1/8 left pointing R to right side while swiveling L heel right (5), touch R beside left swiveling L heel left (&), turn 1/8 left pointing R to right side while swiveling L heel right {9:00} (6), touch R beside left swiveling L heel left (&) |

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| --- | --- |
| 7&8 | Turn 1/8 left pointing R to right side while swiveling L heel right (7) touch R beside left swiveling L heel left (&), point R to right side {6:00} (8) |

**[9-16] R VAUDEVILLE, L VAUDEVILLE, CROSS & CROSS & ROCK & 1/4 TURN L, STEP**

|  |  |
| --- | --- |
| 1&2& | Cross R over L (1), step L back (&), touch R heel forward (2), step R beside L (&) |

|  |  |
| --- | --- |
| 3&4& | Cross L over R (3), step R back (&), touch L heel forward (4), step L beside R (&) |

**(First restart and Tag 1 w/restart both start here facing 12:00.)**

|  |  |
| --- | --- |
| 5&6& | Cross R over L (5), step L to left side (&), cross R over L (6), step L to left side (&) |

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| --- | --- |
| 7&8 | Rock R over L (7), turn 1/4 left recovering weight L {3:00} (&), step R beside L (8) |

**[17-24] POINT & POINT & POINT, HITCH, STEP, ROCK & POINT, TURNING SAILOR 1/4 R**

|  |  |
| --- | --- |
| 1&2& | Point L to left side (1), step L beside R (&), point R to right side (2), step R beside L (&) |

|  |  |
| --- | --- |
| 3&4 | Point L to left side (3), hitch L (&), step L beside R (4) |

|  |  |
| --- | --- |
| 5&6 | Rock R behind L (5), recover weight L (&), point R to right side (6) |

|  |  |
| --- | --- |
| 7&8 | Cross R behind L (7), make 1/4 turn right stepping L beside R {6:00} (&), step R to right side (8) |

**[25-32] SHUFFLE L FORWARD, TURN 1/4 R & SHUFFLE R FORWARD, ROCK FORWARD, ROCK SIDE, BEHIND, SIDE, FORWARD**

|  |  |
| --- | --- |
| 1&2 | Step L forward (1), step R beside L (&), step L forward (2) |

|  |  |
| --- | --- |
| 3&4 | Turn 1/4 right stepping R forward {9:00} (3), step L beside R (&), step R forward (4) |

**(Third restart starts here facing 6:00. Add an & count stepping L beside R.)**

|  |  |
| --- | --- |
| 5&6& | Rock L forward (5), recover weight R (&), rock L to left side (6), recover weight R (&) |

|  |  |
| --- | --- |
| 7&8 | Cross L behind R (7), step R to right side (&), step L forward (8) |

**TAG 1: 48 COUNTS (ONE TIME ONLY FACING 12:00 TO START. RESTART DANCE FACING 9:00 AFTER TAG.)**

**[1-8] STEP, HEEL SWIVELS, ROCK, RECOVER, STEP, STEP, HEEL SWIVELS, ROCK, RECOVER, STEP**

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| --- | --- |
| 1&2 | With hands on stomach step R forward (1), swivel heels out (&), swivel heels center (2) |

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| --- | --- |
| 3&4 | Rock L forward (3), recover weight R (&), step L beside R pushing hips back slightly with hands (4) |

|  |  |
| --- | --- |
| 5&6 | Drop hands & step R forward (5), swivel heels out (&), swivel heels center (6) |

|  |  |
| --- | --- |
| 7&8 | Rock L forward (7), recover weight R (&), step L beside R (8) |

**[9-16] BACK, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK, TOUCH, SWIVEL HEEL-TOE-HEEL OUT SLOWLY LEANING R, SWIVEL HEEL-TOE-HEEL IN STANDING UP**

|  |  |
| --- | --- |
| 1&2& | Step R back diagonally right (1), touch L toe beside R (&), step L forward diagonally left (2), touch R toe beside L (&) |

|  |  |
| --- | --- |
| 3&4& | Step R forward diagonally right (3), touch L beside R (&), step L back diagonally left (4), touch R toe beside L (&) |

|  |  |
| --- | --- |
| 5&6 | Swivel R heel to right side (5), swivel R toes to right side (&), swivel R heel to right side (6) (slowly lean right during the R heel-toe-heel swivel out) |

|  |  |
| --- | --- |
| 7&8 | Swivel R heel left toward center (7), swivel R toes left toward center (&), swivel R heel left beside L (8) (slowly straighten up during the R heel-toe-heel swivel in) |

**[17-24] POINT, STEP BACK 4X (R, L, R, L), 1/4 L SWIVELING HEELS R 4X**

|  |  |
| --- | --- |
| 1&2& | Point R to right side (1), step R back (&), point L to left side (2), step L back (&) |

|  |  |
| --- | --- |
| 3&4& | Point R to right side (3), step R back (&), point L to left side (4), step L beside R (&) |

|  |  |
| --- | --- |
| 5&6& | Turn 1/16 left swiveling both heels right (5), swivel heels left straightening feet (&), turn 1/16 left swiveling both heels right (6), swivel heels left straightening feet {10:30} (&) |

|  |  |
| --- | --- |
| 7&8& | Turn 1/16 left swiveling both heels right (7), swivel heels left straightening feet (&), turn 1/16 left swiveling both heels right (8), swivel heels left straightening feet {9:00} (&) |

**[25-32] STEP, HEEL SWIVELS, ROCK, RECOVER, STEP, STEP, HEEL SWIVELS, ROCK, RECOVER, STEP**

|  |  |
| --- | --- |
| 1&2 | Step R forward (1), swivel heels out (&), swivel heels center (2) |

|  |  |
| --- | --- |
| 3&4 | Rock L forward (3), recover weight R (&), step L beside R (4) |

|  |  |
| --- | --- |
| 5&6 | Step R forward (5), swivel heels out (&), swivel heels center (6) |

|  |  |
| --- | --- |
| 7&8 | Rock L forward (7), recover weight R (&), step L beside R (8) |

**[33-40] BACK, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, BACK, TOUCH, SWIVEL HEEL-TOE-HEEL OUT SLOWLY LEANING R, SWIVEL HEEL-TOE-HEEL IN STANDING UP**

|  |  |
| --- | --- |
| 1&2& | Step R back diagonally right (1), touch L toe beside R (&), step L forward diagonally left (2), touch R toe beside L (&) |

|  |  |
| --- | --- |
| 3&4& | Step R forward diagonally right (3), touch L beside R (&), step L back diagonally left (4), touch R toe beside L (&) |

|  |  |
| --- | --- |
| 5&6& | Swivel R heel to right side (5), swivel R toes to right side (&), swivel R heel to right side (6) (slowly lean right during the R heel-toe-heel swivel out) |

|  |  |
| --- | --- |
| 7&8& | Swivel R heel left toward center (7), swivel R toes left toward center (&), swivel R heel left beside L (8) (slowly straighten up during the R heel-toe-heel swivel in) |

**[41-48] POINT, STEP BACK 4X (R, L, R, L), RUN FORWARD R, L, R, L, POINT & POINT &**

|  |  |
| --- | --- |
| 1&2& | Point R to right side (1), step R back (&), point L to left side (2), step L back (&) |

|  |  |
| --- | --- |
| 3&4& | Point R to right side (3), step R back (&), point L to left side (4), step L beside R (&) |

|  |  |
| --- | --- |
| 5&6& | Run R forward (5), run L forward (&), run R forward (6), run L forward (&) |

|  |  |
| --- | --- |
| 7&8& | Point R to right side (7), step R beside L (&), point L to left side (8), step L beside R (&) |

**TAG 2: 4 COUNTS (one time at the very end and the only time you start anything on wall 4 (3:00).)**

**[1-4] SHUFFLE R FORWARD, TURN 1/4 L & SHUFFLE L FORWARD, STEP**

|  |  |
| --- | --- |
| 1&2 | Step R forward (1), step L beside R (&), step R forward (2) |

|  |  |
| --- | --- |
| 3&4& | Turn 1/4 left stepping L forward {12:00} (3), step R beside L (&), step L forward (4), step R beside L(&) |

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