|  |  |
| --- | --- |
| Keep It Real |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Shelley Lindsay (UK) | | | | |
| **Music:** | Let Her Go - Blu Cantrell | | | | |
| . | | | | | | |

**WALK FORWARD LEFT, RIGHT, ½ TURNING HIP BUMPS RIGHT, STEP ½ PIVOT TURN**

|  |  |
| --- | --- |
| 1-2 | Step forward on left, step forward on right |

|  |  |
| --- | --- |
| 3& | Step forward on left as you bump hips forward, ¼ turn right bumping hips right |

|  |  |
| --- | --- |
| 4& | ¼ turn right bumping hips back, bump hips forward |

|  |  |
| --- | --- |
| 5-6 | Look over left shoulder as you bump hips back, step forward on right |

|  |  |
| --- | --- |
| 7-8 | Step forward on left, ½ turn pivot right |

**STEP PIVOT, STEP TURN SWIVEL, STEP TOUCH, STEP TOUCH**

|  |  |
| --- | --- |
| 1-2 | Step forward on left, pivot ½ turn right |

|  |  |
| --- | --- |
| 3&4 | Step forward on left, ¼ turn left stepping right to side, turn ¼ pivot left touching left across right foot |

|  |  |
| --- | --- |
| 5-6 | Step left to side, touch right behind |

|  |  |
| --- | --- |
| 7-8 | Step right to side, touch left behind |

**FULL UNWIND, SHOULDER ROLL, TOUCH HITCH SLIDE, KICK BALL CROSS, KNEES**

|  |  |
| --- | --- |
| 1 | Full unwind left taking weight onto left foot (option: transfer weight to left - no turn) |

|  |  |
| --- | --- |
| 2 | Roll left shoulder back as you click left fingers at waist height |

|  |  |
| --- | --- |
| 3&4 | Touch right to side, hitch right leg, step right to side |

|  |  |
| --- | --- |
| 5&6& | Kick left foot to side, step left in place, step right over left, step left to side |

|  |  |
| --- | --- |
| 7&8& | Feet apart and legs bent, turn both knees out (7), in (&), out (8), in (&) |

**¼ TURN PRESS, RECOVER, AND STEP PIVOT, ½ TURNING STEP TOUCH STEP TWICE**

|  |  |
| --- | --- |
| 1-2 | Turn ¼ to right pressing weight forward on right, recover weight back on left |

|  |  |
| --- | --- |
| &3-4 | Step right next to left instep, step forward on left, pivot ½ turn right |

|  |  |
| --- | --- |
| 5-6& | Step forward on left, ¼ turn right touching right next to left, ¼ turn right stepping forward on right |

|  |  |
| --- | --- |
| 7-8& | Step forward on left, ¼ turn right touching right next to left, ¼ turn right stepping forward on right |

**REPEAT**

**TAG**

**Danced at the end of the 2nd and 4th walls**

**WALK LEFT, RIGHT, STEP PIVOT ¼ TURN TWICE, STEP ¼ TURN LEFT, TOUCH RIGHT TO SIDE**

|  |  |
| --- | --- |
| 1-2 | Step forward left, step forward right |

|  |  |
| --- | --- |
| 3-4 | Step forward left, pivot ¼ turn right transferring weight to right |

|  |  |
| --- | --- |
| 5-6 | Step forward left, pivot ¼ turn right transferring weight to right |

|  |  |
| --- | --- |
| 7-8 | Step forward left, ¼ turn left touching right to side |

**WALK RIGHT, LEFT, STEP PIVOT ¼ TURN TWICE, STEP ¼ TURN RIGHT, TOUCH LEFT TO SIDE**

|  |  |
| --- | --- |
| 1-2 | Step forward right, step forward left |

|  |  |
| --- | --- |
| 3-4 | Step forward right, pivot ¼ turn left transferring weight to left |

|  |  |
| --- | --- |
| 5-6 | Step forward right, pivot ¼ turn left transferring weight to left |

|  |  |
| --- | --- |
| 7-8 | Step forward right, ¼ turn right touching left to side |