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| Keep Us Rocking |  |

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| . |
| **Count:** | 64 | **Wall:** | 0 | **Level:** |  | . |
| **Choreographer:** | Margo Kennedy (CAN) & Lisa Potter (CAN) |
| **Music:** | Keep Me Rockin' - Patricia Conroy |
| . |

**HEEL FORWARD, HOOK, KICK, KICK**

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| 1-4 | Touch right heel forward, touch right toe across left, kick right foot forward twice |

**STEP TOUCH FORWARD, TOUCH ACROSS, KICK KICK**

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| &5 | Step down on right, touch left heel forward |

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| 6 | Touch left foot across right |

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| 7-8 | Kick left foot forward twice |

**LEFT VINE, ROLLING RIGHT VINE**

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| 9-12 | Step side left, step right behind left, step side left, touch right beside left & clap |

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| 13-16 | Rolling vine to the right: step right, left, right (you should have completed a full turn on 3 beats), touch left to right & clap |

**ROCK-STEPS, SHUFFLE IN PLACE**

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| 17-18 | Rock forward on left, step in place on right |

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| 19&20 | One 3-step shuffle in place: left-right-left |

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| 21-22 | Rock forward on right, step in place on left |

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| 23&24 | One 3-step shuffle in place: right-left-right |

**KICK FORWARD, KICK WHILE ¼ TURNING, SHUFFLE IN PLACE**

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| 25-26 | Kick left foot forward, kick left foot forward as you ¼ pivot left on the ball of right foot |

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| 27&28 | One 3-step shuffle in place: left-right-left |

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| 29-30 | Kick right foot forward, kick right foot forward as you ¼ pivot right on the ball of left foot |

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| 31&32 | One 3-step shuffle in place: right-left-right |

**SHUFFLE FORWARD, STEP FORWARD, ½ TURN**

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| 33&34 | One 3-step shuffle forward: left-right-right |

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| 35-36 | Step forward on right, step ½ turn to the left on the left foot, (weight on left) |

**TOE TOUCHES & PAUSES**

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| 37-38 | Touch right toe out to the right side, hold for one beat |

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| &39 | Step right beside left, touch left toe out to left side |

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| 40 | Hold for one beat |

**ROCK STEPS AND SHUFFLES**

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| 41-42 | Rock forward on left, step in place on right |

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| 43&44 | One 3-step shuffle in place: left-right-left |

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| 45-46 | Rock back on right, step in place on left |

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| 47&48 | One 3-step shuffle in place: right-left-right |

**½ PIVOTS, HITCHES & SLAPS**

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| 49-50 | Step forward on left, ½ pivot to the right on the left foot while hitching & slapping right knee |

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| 51-52 | Step back on right, hitch left knee & slap with left hand |

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| 53-54 | Step forward on left, ½ pivot to the right on left foot while hitching & slapping right knee |

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| 55-56 | Step back on right, hitch left knee & slap with left hand |

**left VINE ¼ TURNING TO THE left**

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| 57-60 | Step side left, step right behind left, step ¼ turn left on left foot, stomp right & clap |

**HIP BUMPS**

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| 61-64 | Bump hips right, bump hips left, bump hips right, bump hips left |

**REPEAT**