|  |  |
| --- | --- |
| La Cumbia |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Raymond Sarlemijn (NL) | | | | |
| **Music:** | La Cumbia - Sailor | | | | |
| . | | | | | | |

**MAMBO RIGHT, MAMBO LEFT, CROSS AND POINT, CROSS AND POINT**

|  |  |
| --- | --- |
| 1 | Right foot to right |

|  |  |
| --- | --- |
| & | Weight change to left foot |

|  |  |
| --- | --- |
| 2 | Right foot next to left foot |

|  |  |
| --- | --- |
| 3 | Left foot to left |

|  |  |
| --- | --- |
| & | Weight change to right foot |

|  |  |
| --- | --- |
| 4 | Left foot next to right foot |

|  |  |
| --- | --- |
| 5 | Cross right foot over left foot |

|  |  |
| --- | --- |
| & | Left foot step out to left |

|  |  |
| --- | --- |
| 6 | Point right foot forward |

|  |  |
| --- | --- |
| & | Right foot next to left foot |

|  |  |
| --- | --- |
| 7 | Cross left foot over right foot |

|  |  |
| --- | --- |
| & | Right foot step out to right |

|  |  |
| --- | --- |
| 8 | Point left foot forward |

**BUCHACADAS, 4/4 TURN RIGHT CROSS SHUFFLE**

|  |  |
| --- | --- |
| & | Left foot next to right foot |

|  |  |
| --- | --- |
| 1 | Right foot point forward with bended leg (almost like pressure step but keep weight on left foot) |

|  |  |
| --- | --- |
| & | Right foot step backwards |

|  |  |
| --- | --- |
| 2 | Point left foot front (like count 1) |

|  |  |
| --- | --- |
| & | Left foot step backwards |

|  |  |
| --- | --- |
| 3 | Point right foot forward (like count 1 and 2) |

|  |  |
| --- | --- |
| & | Right foot step backwards |

|  |  |
| --- | --- |
| 4 | Point left foot forward |

|  |  |
| --- | --- |
| & | Change weight to left foot |

|  |  |
| --- | --- |
| 5 | Right foot cross over left foot and turn ¼ over right |

|  |  |
| --- | --- |
| & | Left foot next to right foot |

|  |  |
| --- | --- |
| 6 | Right foot cross over left foot and turn ¼ over right |

|  |  |
| --- | --- |
| & | Left foot next to right foot |

|  |  |
| --- | --- |
| 7 | Right foot cross over left foot and turn ¼ over right |

|  |  |
| --- | --- |
| & | Left foot next to right foot |

|  |  |
| --- | --- |
| 8 | Right foot cross over left foot and turn ¼ over right |

**TURN ¾ RIGHT, MAMBO STEP, MAMBO STEP, SAMBA BASIC**

|  |  |
| --- | --- |
| 1 | Turn ½ over left step on place on left foot |

|  |  |
| --- | --- |
| & | Right foot next to left foot |

|  |  |
| --- | --- |
| 2 | Turn ¼ over left and left foot step forward |

|  |  |
| --- | --- |
| 3 | Right foot step forward |

|  |  |
| --- | --- |
| & | Recover on left foot |

|  |  |
| --- | --- |
| 4 | Right foot next to left foot |

|  |  |
| --- | --- |
| 5 | Left foot step backwards |

|  |  |
| --- | --- |
| & | Recover on right foot |

|  |  |
| --- | --- |
| 6 | Left foot next to right foot |

|  |  |
| --- | --- |
| 7 | Right foot step to right |

|  |  |
| --- | --- |
| & | Left foot crossed backwards right foot (5 position extended) |

|  |  |
| --- | --- |
| 8 | Right foot step on place |

**SAMBA BASIC, STEP TOGETHER, STEP TOGETHER, KICK ROCK STEP**

|  |  |
| --- | --- |
| 1 | Left foot step to left |

|  |  |
| --- | --- |
| & | Right foot crossed backwards left foot (5 position extended) |

|  |  |
| --- | --- |
| 2 | Left foot step on place |

|  |  |
| --- | --- |
| 3 | Right foot step to right |

|  |  |
| --- | --- |
| 4 | Left foot next to right foot |

|  |  |
| --- | --- |
| 5 | Right foot step to right |

|  |  |
| --- | --- |
| 6 | Left foot next to right foot |

|  |  |
| --- | --- |
| 7 | Kick right foot forward |

|  |  |
| --- | --- |
| & | Right foot step backwards, while doing this look backwards |

|  |  |
| --- | --- |
| 8 | Recover weight on left foot |

**Option: on counts 3-6, shake your hips or upper body or make meringue steps**

**REPEAT**