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| Life Is A Highway |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Michael Diven (USA) & Lynne Flanders (USA) |
| **Music:** | Life Is a Highway - Rascal Flatts |
| . |

**Start the dance after the first 32 counts. You will be starting the dance 8 counts before the lyrics**

**ROCK, RECOVER, RIGHT COASTER STEP, STEP, TOE TOUCH, ½ TURN TWIST**

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| 1-2 | Rock forward on right foot, recover weight back to left |

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| --- | --- |
| 3&4 | Right coaster step in place |

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| --- | --- |
| 5-6 | Step forward on left foot, tap right toe behind left foot |

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| --- | --- |
| 7&8 | Twist heels left, right, left while pivoting ½ turn to the right |

**STEP, TOE TOUCH, LEFT SHUFFLE, STEP, ½ PIVOT, QUICK ROCK-RECOVER-STEP**

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| 1-2 | Step back on right foot, tap left toe across the right foot |

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| --- | --- |
| 3&4 | Left shuffle forward stepping left, right, left |

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| --- | --- |
| 5-6 | Step forward on right foot, pivot ½ turn to the left |

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| --- | --- |
| 7&8 | Cross rock right over left foot, recover weight back to left and step right foot to right side |

**CROSS STEP, SIDE STEP, TURNING LEFT SAILOR STEP, ROCK, RECOVER, STEP LOCK BACKWARDS**

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| 1-2 | Cross left foot over right foot, side step right foot to the right side |

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| --- | --- |
| 3&4 | Left sailor step with a ½ turn left stepping left, right, left |

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| --- | --- |
| 5-6 | Rock forward on right foot, recover weight back to left |

|  |  |
| --- | --- |
| 7&8 | Step right foot back, lock left foot across right, step back on right |

**TOE TOUCH, ½ PIVOT, QUICK ROCK-RECOVER-STEP, CROSS STEP, SIDE STEP, LEFT COASTER WITH ¼ TURN**

|  |  |
| --- | --- |
| 1-2 | Touch left toe back, pivot ½ turn left |

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| --- | --- |
| 3&4 | Quick rock step right across left, recover weight back to left foot, step right foot to right side |

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| --- | --- |
| 5-6 | Cross step left over right, right foot to right side |

|  |  |
| --- | --- |
| 7&8 | Left coaster step with a ¼ turn to the left |

**REPEAT**

**When finishing the dance, during the last "7&8" count feel free to do a turning coaster step**