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| Life's Great |  |

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| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | John Robinson (USA) | | | | |
| **Music:** | I Love My Life - Jamie O'Neal | | | | |
| . | | | | | | |

**The songs indicated are two-step rhythm. When counting these tracks, count all the beats 1,2,3,4 rather than 1&2&3&4. (That makes the timing of the dance: slow, slow, quick-quick slow for the first four patterns)**

**WALK, WALK, FORWARD MAMBO; BACK, BACK, COASTER STEP**

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| 1-4 | Step right forward, hold, step left forward, hold |

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| --- | --- |
| 5-8 | Right rock forward ball of foot, recover to left, right step next to left, hold |

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| --- | --- |
| 1-4 | Step left back, hold, step right back, hold |

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| --- | --- |
| 5-8 | Left step back ball of foot, right step ball of foot next to left, step left forward, hold |

**WALK, WALK TRAVELING SIDE RIGHT, SCISSORS STEP; WALK, WALK TRAVELING SIDE LEFT, SCISSORS STEP**

**Angle body towards 1:30 for the next 5 counts**

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| --- | --- |
| 1-4 | Right step side right, hold, left step across right, hold |

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| --- | --- |
| 5-8 | Right step side right, left step next to right and slightly back, right step across left, hold |

**Advanced option: execute a full turn left on the previous pattern as follows:**

|  |  |
| --- | --- |
| 1-4 | Pivot ¼ left and step right back, hold, pivot ½ left and step left forward, hold |

|  |  |
| --- | --- |
| 5-8 | Step right forward, pivot ¼ left shifting weight forward to left, right step across left, hold |

**Angle body towards 11:30 for the next 5 counts**

|  |  |
| --- | --- |
| 1-4 | Left step side left, hold, right step across left, hold |

|  |  |
| --- | --- |
| 5-8 | Left step side left, right step next to left and slightly back, left step across right, prepping for turn, hold |

**Advanced option: execute a full turn right on the previous pattern as follows:**

|  |  |
| --- | --- |
| 1-4 | Pivot ¼ right and step left back, hold, pivot ½ right and step right forward, hold |

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| --- | --- |
| 5-8 | Step left forward, pivot ¼ right shifting weight forward to right, left step across right, hold |

**1 ¼ TRAVELING TURN BACK, COASTER STEP TOUCHES**

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| --- | --- |
| 1-4 | Pivot ¼ left (9:00) stepping right back, hold, pivot ½ left (3:00) stepping left forward, hold |

**Advanced option: pick up the free foot and tuck it in close to the other leg in a low figure 4 while turning**

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| --- | --- |
| 5-8 | Pivot ½ left (9:00) stepping right back, sweep left out and around to the left, left step ball of foot back, right step ball of foot next to left |

|  |  |
| --- | --- |
| 1-4 | Step left forward, right touch next to left/clap hands high to right side, step right forward, left touch next to right/clap hands high to left side |

|  |  |
| --- | --- |
| 5-8 | Step left back, right touch next to left/clap hands low to right side, step right back, left touch next to right/clap hands low to left side |

**MAMBO CROSS, LOCKING TRIPLE TRAVELING BACK, FULL TURN LEFT, HOP (OR TRIPLE) FORWARD**

|  |  |
| --- | --- |
| 1-4 | Left rock ball of foot side left, recover to right, left step across right, hold |

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| --- | --- |
| 5-8 | Pivot ¼ left (6:00) stepping right back, left lock step across right, step right back, hold |

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| --- | --- |
| 1-4 | Pivot ½ left and step left forward, hold, pivot ½ left and step right back, hold |

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| --- | --- |
| 5-8 | Hop forward three times on right with left lifted slightly ahead of you (5, 6, 7), left step down with weight |

**Easier option for last 4 counts: triple step**

|  |  |
| --- | --- |
| 5-8 | Step left forward, right step next to left, step left forward, hold |

**REPEAT**

**OPTIONAL RESTART:**

**When dancing to "I Love My Life," you can restart halfway through the 3rd repetition, just after executing the walk-walk scissor-step section. You'll be facing the front wall when this occurs**

**The advanced turning options in the 3rd and 4th sets of 8 were inspired by Bailee Kulish, Emily Kulish, Shannon Swett, and Ashley Haggle of the Hot Shots Dance Team in Rapid City, South Dakota**