|  |  |
| --- | --- |
| Move Me |  |

.

|  |
| --- |
| . |
| **Count:** | 0 | **Wall:** | 0 | **Level:** | Intermediate | . |
| **Choreographer:** | Kathy Brown (USA) |
| **Music:** | The Way You Move - Outkast |
| . |

**Sequence: AA, BB, AA, BB, BB, BB, BB**

**Central Florida Dance Stampede - 1st place winner - int/adv - phrased**

**PART A**

**FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ**

|  |  |
| --- | --- |
| 1-2 | Step forward right (rolling knee and hip left to right, step forward left (rolling knee and hip right to left) |

|  |  |
| --- | --- |
| 3-4 | Step back right (rolling hip right), step back left (rolling hip left) |

|  |  |
| --- | --- |
| 5-6 | Cross right over left, step left back ¼ turn right |

|  |  |
| --- | --- |
| 7-8 | Step right to side, step left next to right |

**FUNKY WALKS FORWARD AND BACK, RIGHT ¼ TURN JAZZ**

|  |  |
| --- | --- |
| 9-16 | Repeat 1-8 |

**RIGHT MONTEREY TURN, SIDE ROCK CROSS, STRUTS WITH SHIMMIES**

|  |  |
| --- | --- |
| 1-2 | Point right to side, bring right next to left and with weight on left, turn ½ right, step down on right |

|  |  |
| --- | --- |
| 3&4 | Rock left to side, return right, cross left over right |

|  |  |
| --- | --- |
| 5&6 | Step ball of right to side and lift right shoulder up, lift left shoulder up, lift right shoulder up and step down on right heel |

|  |  |
| --- | --- |
| 7&8 | Cross ball of left over right and lift left shoulder up, lift right shoulder up, lift left shoulder up and step down on left heel |

**ROCK RETURN, WEAVE LEFT, HEEL BOUNCE ½ LEFT**

|  |  |
| --- | --- |
| 1-2 | Rock right to side, return left |

|  |  |
| --- | --- |
| 3&4 | Step right behind left, step left to side, cross right over left |

|  |  |
| --- | --- |
| 5-6 | Raise up on balls of both feet and bounce ¼ turn left |

|  |  |
| --- | --- |
| 7-8 | Raise up on balls of both feel and bounce ¼ turn left (weight ends on left) |

**PART B**

**SIDE ROCK RETURN, LEFT TRIPLE ¼ TURN, PIVOT ¼ LEFT, LEFT SAILOR**

|  |  |
| --- | --- |
| 1-2 | Step right to side, rock left forward |

|  |  |
| --- | --- |
| 3 | Return right |

|  |  |
| --- | --- |
| 4&5 | Step left to side, step right next to left, step left ¼ turn left |

|  |  |
| --- | --- |
| 6 | Turning ¼ left, step right to side |

|  |  |
| --- | --- |
| 7&8 | Step left behind right, step right to side, step left to side |

**STEP BEHIND, STEP ¼ LEFT, LEFT ¾ TRIPLE, STEP BEHIND, STEP, CROSS TRIPLE**

|  |  |
| --- | --- |
| 1-2 | Step right behind left, step left ¼ left |

|  |  |
| --- | --- |
| 3&4 | Step right forward pivot ½ left, step left forward, pivot ¼ left stepping right to side |

|  |  |
| --- | --- |
| 5-6 | Step left behind right, step right to side |

|  |  |
| --- | --- |
| 7&8 | Cross left over right, step right to side, cross left over right |

**TOUCH HITCH TURN, MAMBO BACK, HIP BUMPS LEFT AND RIGHT**

|  |  |
| --- | --- |
| 1-2 | Touch right to side, pivoting ¼ right, hitch right foot against left calf |

|  |  |
| --- | --- |
| 3&4 | Rock right back, return left, step right next to left |

|  |  |
| --- | --- |
| 5&6 | Step left slightly forward, bumping hips forward, back, forward |

|  |  |
| --- | --- |
| 7&8 | Step right slightly forward, bumping hips forward, back forward |

**ROCK RETURN, TOUCH PIVOT ½ TURN, RIGHT TRIPLE, STEP, TOUCH**

|  |  |
| --- | --- |
| 1-2 | Rock forward left, return right |

|  |  |
| --- | --- |
| 3-4 | Touch left toe back, pivot ½ left |

|  |  |
| --- | --- |
| 5&6 | Right triple forward |

|  |  |
| --- | --- |
| 7-8 | Step left (large) to side, touch right toe next to left |