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| 1 Sweet Day |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate nightclub | . |
| **Choreographer:** | Steve Rutter (UK) |
| **Music:** | One Sweet Day - Boyz II Men & Mariah Carey |
| . |

**KICK-BALL CROSS, WEAVE, ROCK & CROSS, ¾ TURN RIGHT, TOE TOUCH**

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| 1&2 | Kick right forward, close right beside left, cross left over right |

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| &3 | Step right-to-right side, cross left behind right |

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| &4 | Step right-to-right side, cross left over right |

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| 5&6 | Rock right-to-right side, recover weight onto left, cross right over left |

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| 7&8 | Make a quarter turn right stepping back on left, make a half turn right stepping forward on right, touch left toe to left side |

**TOE TOUCH, SIDE STEP, TOE TOUCH, SIDE STEP, CROSS, UNWIND ½ TURN RIGHT, TOE TOUCH, BACK ROCK, SIDE STEP, CROSS BEHIND, UNWIND ¾ TURN LEFT, TOE TOUCH**

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| 9&10 | Touch left toe forward and slightly across right, step left to left side, touch right beside left |

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| &11 | Step right-to-right side, cross left over right |

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| &12 | Unwind a half turn right (weight ending on left), touch right toe beside left |

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| 13&14 | Rock back on right, recover weight forward onto left, step right-to-right side |

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| 15&16 | Cross left behind right, unwind a three-quarter turn left (weight ending on left), touch right toe to right side |

**SYNCOPATED JAZZ BOX, TRIPLE FULL TURN LEFT, BACK ROCK, ¼ TURN LEFT, TRIPLE FULL TURN LEFT**

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| 17&18 | Cross right over left, step back on left, step right to right side |

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| &19 | Cross left over right, make a quarter turn left stepping back on right |

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| &20 | Make a half turn left stepping forward on left, make a quarter turn left stepping right to right side |

**For those that don't like too many turns steps**

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| 19&20 | Can be replaced with a right vine |

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| 21&22 | Rock back on left, recover weight forward on to right, make a quarter turn left stepping forward on left |

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| 23&24 | Make a half turn left stepping back on right, make a half turn left stepping forward on left, step forward on right |

**Steps 23&24 can be replaced with a right lock step forward if the turns get too much & make you dizzy**

**BACK LOCK STEP, TRIPLE FULL TURN RIGHT, ROCK & CROSS, HIP SWAYS**

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| 25&26 | Step back on left, lock right in front of left, step back on left |

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| 27&28 | Make a full turn right on the spot stepping on right, left, right |

**Steps 27&28 can be replaced with a right coaster step if you have had enough of turns by this point**

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| 29&30 | Rock left-to-left side, recover weight onto right, cross left over right |

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| 31-32 | Step right-to-right side swaying hips right, sway hips left |

**REPEAT**