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| R. U. Ready |  |

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| . |
| **Count:** | 44 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | William Sevone (UK) |
| **Music:** | Ready to Run - The Chicks |
| . |

**2X SOFT SHOE SHUFFLES, WALK FORWARD: RIGHT, LEFT**

|  |  |
| --- | --- |
| 1&2 | Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe |

|  |  |
| --- | --- |
| 3&4 | Step left foot slightly in front of right, step right foot back slightly, step left foot back to right toe |

**Styling note for counts 1-4 are 'on-the-spot'**

|  |  |
| --- | --- |
| 5-6 | Step forward onto right foot, step forward onto left foot |

**2X SOFT SHOE SHUFFLES, CROSS ROCK, BACKWARD ROCK**

|  |  |
| --- | --- |
| 7&8 | Step right foot slightly in front of left, step left foot back slightly, step right foot back to left toe |

|  |  |
| --- | --- |
| 9&10 | Step left foot slightly in front of right, step right foot back slightly, step left foot back to right toe |

**Styling note for counts 7-10 are 'on-the-spot'**

|  |  |
| --- | --- |
| 11-12 | Cross rock right foot over left, rock back onto left foot |

**½ RIGHT, WALK FORWARD: RIGHT, LEFT, SHUFFLE FORWARD, ¼ RIGHT, LEFT CHASSE**

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| --- | --- |
| 13-14 | Turn ½ right on left foot & step forward onto right foot, step forward onto left foot |

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| --- | --- |
| 15&16 | Step forward onto right foot, step left foot next to right, step forward onto right foot |

|  |  |
| --- | --- |
| 17&18 | Turn ¼ right on right foot & step left foot to left side, step right foot next to left, step left foot to side |

**STEP BEHIND, ½ LEFT, RIGHT CHASSE, ROCK BEHIND, ROCK FORWARD, 3X SIDE ROCKS**

|  |  |
| --- | --- |
| 19-20 | Step right foot behind left, turning ¼ left step forward onto left foot |

|  |  |
| --- | --- |
| 21&22 | Turn a further ¼ left on left foot - stepping right foot to side, step left foot next to right, step right foot to side |

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| --- | --- |
| 23-24 | Rock left foot behind right, rock forward onto right foot |

|  |  |
| --- | --- |
| 25&26 | Rock left foot to left side, recover onto right foot, rock onto left foot |

**2X SAILOR SHUFFLE'S, CROSS, UNWIND ½ LEFT**

|  |  |
| --- | --- |
| 27&28 | Step right foot behind left, step left foot to side, step right foot to side |

|  |  |
| --- | --- |
| 29&30 | Step left foot behind right, step right foot to side, step left foot to side |

|  |  |
| --- | --- |
| 31-32 | Cross step right foot over left, unwind ½ left |

**2X SAILOR SHUFFLES, 3X SIDE ROCKS**

|  |  |
| --- | --- |
| 33&34 | Step left foot behind right, step right foot to side, step left foot to side |

|  |  |
| --- | --- |
| 35&36 | Step right foot behind left, step left foot to side, step right foot to side |

|  |  |
| --- | --- |
| 37&38 | Rock left foot to left side, recover onto right foot, rock onto left foot |

**(MOVING FORWARD) 6X ROCK'S, WALK FORWARD - RIGHT, LEFT**

|  |  |
| --- | --- |
| 39&40 | Rock onto right foot in front of left, recover onto left foot, rock onto right foot (in place) |

|  |  |
| --- | --- |
| 41&42 | Rock onto left foot in front of right, recover onto right foot, rock onto left foot (in place) |

|  |  |
| --- | --- |
| 43-44 | Step forward onto right foot, step forward onto left foot |

**REPEAT**

**Do not confuse counts 39-42 with counts 1-4 or 7-10, even though they may appear and feel similar. They do have different results.**