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| R U Ready For This? |  |

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| . | | | | | | |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Celeste Chee | | | | |
| **Music:** | Get Ready 4 This - 2 Unlimited | | | | |
| . | | | | | | |

**BIG STEP, HOOK, CROSS, UNWIND ½, OUT, OUT, APPLE JACKS**

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| 1-2 | Big step right to side, hook left across right |

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| 3-4 | Cross left over right, unwind TURN ½ right |

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| 5-6 | Step left diagonally forward, step right to side |

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| --- | --- |
| &7&8 | Left applejack, right applejack |

**¼ STEP, SCUFF, HEEL WALK, TOUCH, HOLD, SWITCH TOUCH, TURN ½ SWITCH TOUCH**

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| --- | --- |
| 1-2 | Turn ¼ left and step left forward, scuff right foot forward |

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| 3&4& | Touch right heel forward, cross left behind right, touch right heel forward, cross left behind right |

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| 5-6 | Touch right toe forward, hold |

**Upper body slightly lean backward**

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| &7&8 | Step right together, touch left to side, hitch left knee, turn ½ right and touch left to side |

**¼ SWITCH TOUCH, CROSS, OPEN KNEE, STEP BACK KICK, HOLD, WEAVE TO LEFT**

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| --- | --- |
| &1-2 | Hitch left knee, turn ¼ right and touch left to side, cross left over right |

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| --- | --- |
| 3&4& | Swivel right knee right, swivel right knee to center, swivel both knees apart, swivel both knees to center |

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| 5&6 | Step left back, kick right forward, hold |

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| --- | --- |
| 7&-8& | Cross right behind left, step left to side, cross right over left, step left to side |

**EXTENDED WEAVE TO LEFT, SWIVEL, HITCH, LUNGE, HOLD, DRAG WITH SHOULDER SHRUGS**

|  |  |
| --- | --- |
| 1&-2& | Cross right behind left, step left to side, cross right over left, step left to side |

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| --- | --- |
| 3&4 | Swivel left heel and right toe to left, swivel left toe and right heel to left, swivel left heel and right toe to left |

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| --- | --- |
| & | Hitch right knee |

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| --- | --- |
| 5-6 | Rock right forward, hold |

**Lower body angled to 10:30, upper body facing 12:00**

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| --- | --- |
| 7-8 | Slide left together over 2 counts (10:30) |

**During counts 7&8, shoulders shrug 3 times**

**"X" JUMP, "/" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

|  |  |
| --- | --- |
| 1& | Hop both feet apart, turn 1/8 right and hop both feet together (12:00) |

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| --- | --- |
| 2& | Turn 1/8 right and hop both feet apart, turn 1/8 left and hop both feet together |

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| --- | --- |
| 3&4& | Turn 1/8 left and hop both feet apart, turn 1/8 right and hop both feet together, hop both feet apart, hop both feet together |

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| --- | --- |
| 5-6 | Step left forward, turn ¼ left and touch right to side |

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| --- | --- |
| 7&8 | Step right back, step left together, step right forward |

**Easy version for count 1-4:**

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| --- | --- |
| 1&2&3&4 | Touch right heel forward, step right together, touch left heel forward, step left together, touch right heel forward, hitch right knee, touch right heel forward |

**MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

|  |  |
| --- | --- |
| &1 | Swivel both heels apart, step left forward and swivel both heels together |

|  |  |
| --- | --- |
| &2 | Swivel both heels apart, touch right forward and swivel both heels together |

|  |  |
| --- | --- |
| &3 | Swivel both heels apart, step right back and swivel both heels together |

|  |  |
| --- | --- |
| &4 | Swivel both heels apart, touch left back and swivel both heels together |

|  |  |
| --- | --- |
| 5-6 | Step left forward, step right together |

|  |  |
| --- | --- |
| 7-8 | Hold, hold |

**During counts 7-8, push rib cage to right, push rib cage to left**

**"X" JUMP, "/" JUMP, FORWARD, ¼ TOUCH, RIGHT COASTER**

|  |  |
| --- | --- |
| 1-8 | Repeat count 33-40 |

**MASHED POTATOES FORWARD, MASHED POTATOES BACK, FORWARD, TOGETHER, RIB CAGE TO RIGHT, LEFT**

|  |  |
| --- | --- |
| 1-8 | Repeat count 41-48 |

**REPEAT**

**TAG**

**After 2nd wall, you will face 12:00**

**STEP, HOLD (3X)**

|  |  |
| --- | --- |
| 1-4 | Step left to side, hold 3 counts with right index finger pointing forward |