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| Rainbows |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Val Reeves (UK) |
| **Music:** | Dance Above the Rainbow - Ronan Hardiman |
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| --- | --- |
| 1& | Right step forward, left lock behind right |

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| --- | --- |
| 2& | Right step forward, left lock behind right |

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| --- | --- |
| 3& | Right step forward, left lock behind right |

|  |  |
| --- | --- |
| 4& | Right step forward, left lock behind right |

|  |  |
| --- | --- |
| 5-6 | Right step forward, scuff left heel |

|  |  |
| --- | --- |
| 7&8 | Left shuffle backwards |

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| --- | --- |
| 9-10 | Rock back on right, rock forward on left |

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| --- | --- |
| 11&12 | Right shuffle forward |

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| --- | --- |
| 13-14 | Left step across right, right step back turning ¼ left |

|  |  |
| --- | --- |
| 15&16 | Left shuffle in place |

|  |  |
| --- | --- |
| 17-18 | Right rock forward, left rock back |

|  |  |
| --- | --- |
| 19&20 | Right shuffle turning ½ turn right |

|  |  |
| --- | --- |
| 21-22 | Left rock forward, right rock back |

|  |  |
| --- | --- |
| 23&24 | Left shuffle turning ½ turn left |

|  |  |
| --- | --- |
| 25-26 | Right kick forward, right kick to side turning ¼ turn right |

|  |  |
| --- | --- |
| 27&28 | Right shuffle in place |

|  |  |
| --- | --- |
| 29-30 | Left kick forward, left kick to side turning ¼ turn left |

|  |  |
| --- | --- |
| 31&32 | Left shuffle in place |

**REPEAT**