|  |  |
| --- | --- |
| Rama Lama Ding Dong |  |

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|  |
| --- |
| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Susanne Schalewa (DE) & Gert Wollschlager (DE) |
| **Music:** | Rama Lama Ding Dong - Rocky Sharp & The Replays |
| . |

**CROSS, SIDE, SAILOR STEP, KICK BALL STEP**

|  |  |
| --- | --- |
| 1 | Cross left foot in front of right foot |

|  |  |
| --- | --- |
| 2 | Step right foot to right side |

|  |  |
| --- | --- |
| 3 | Cross left foot behind right foot |

|  |  |
| --- | --- |
| & | Step right foot to right side |

|  |  |
| --- | --- |
| 4 | Step left foot to left side |

|  |  |
| --- | --- |
| 5 | Kick right foot diagonal left |

|  |  |
| --- | --- |
| & | Step right foot together |

|  |  |
| --- | --- |
| 6 | Step left foot to left side |

|  |  |
| --- | --- |
| 7 | Kick right foot diagonal left |

|  |  |
| --- | --- |
| & | Step right foot together |

|  |  |
| --- | --- |
| 8 | Step left foot to left side |

**CROSS, SIDE, SAILOR STEP, KICK BALL STEP**

|  |  |
| --- | --- |
| 9 | Cross right foot in front of left foot |

|  |  |
| --- | --- |
| 10 | Step left foot to left side |

|  |  |
| --- | --- |
| 11 | Cross right foot behind left foot |

|  |  |
| --- | --- |
| & | Step left foot to left side |

|  |  |
| --- | --- |
| 12 | Step right foot to right side |

|  |  |
| --- | --- |
| 13 | Kick left foot diagonal right |

|  |  |
| --- | --- |
| & | Step left foot together |

|  |  |
| --- | --- |
| 14 | Step right foot to right side |

|  |  |
| --- | --- |
| 15 | Kick left foot diagonal right |

|  |  |
| --- | --- |
| & | Step left foot together |

|  |  |
| --- | --- |
| 16 | Step right foot to right side |

**CROSS SHUFFLE, ¼ TURN RIGHT & SHUFFLE FORWARD, ¼ RIGHT & CHASSÉ LEFT, ¼ SAILOR TURN RIGHT**

|  |  |
| --- | --- |
| 17 | Cross left foot in front of right foot |

|  |  |
| --- | --- |
| & | Step right foot to right side |

|  |  |
| --- | --- |
| 18 | Cross left foot in front of right foot |

|  |  |
| --- | --- |
| 19 | ¼ turn right and step right foot forward |

|  |  |
| --- | --- |
| & | Step left foot together |

|  |  |
| --- | --- |
| 20 | Step right foot forward |

|  |  |
| --- | --- |
| 21 | ¼ turn right on ball of right and step left foot to left side |

|  |  |
| --- | --- |
| & | Step right foot together |

|  |  |
| --- | --- |
| 22 | Step left foot to left side |

|  |  |
| --- | --- |
| 23 | Cross right foot behind left foot |

|  |  |
| --- | --- |
| & | ¼ turn right and step left foot back |

|  |  |
| --- | --- |
| 24 | Step right foot forward |

**BALL, BALL, HEEL, HEEL, STEP DOWN & BEND KNEES, TOE SPLIT, STEP DOWN & BEND KNEES, HITCH**

|  |  |
| --- | --- |
| 25 | Step on ball of left foot next to right foot, turn left knee in |

|  |  |
| --- | --- |
| 26 | Step on ball of right foot in place, turn right knee in |

**Weight is on both balls, knees pointed inward, heels are up**

|  |  |
| --- | --- |
| 27 | Step on heel of left foot in place, turn knee out |

|  |  |
| --- | --- |
| 28 | Step on heel of right foot in place, turn knee out |

**Weight is on both heels, knees pointed outward, toes are up**

|  |  |
| --- | --- |
| 29 | Turn toes to the front and step down, bend both knees |

|  |  |
| --- | --- |
| 30 | Put weight on both heels, straight legs, turn toes out |

|  |  |
| --- | --- |
| 31 | Turn toes to the front and step down, bend both knees |

|  |  |
| --- | --- |
| 32 | Hitch left foot, straight right leg |

**REPEAT**

**TAG**

**After the second wall hold the hitch a bit longer and start again with the vocals**

**TAG**

**At the end of the fifth wall dance to count 31 and hold count 32. Then dance the following steps:**

|  |  |
| --- | --- |
| 1 | (Rama) turn left knee |

|  |  |
| --- | --- |
| 2 | (Lama) turn right knee |

|  |  |
| --- | --- |
| & | Bring both knees out |

|  |  |
| --- | --- |
| 3 | (Ding) bring both knees in |

|  |  |
| --- | --- |
| & | Bring both knees out |

|  |  |
| --- | --- |
| 4 | (Ding) bring both knees in |

|  |  |
| --- | --- |
| 5 | (Rama) turn left knee |

|  |  |
| --- | --- |
| 6 | (Lama) turn right knee |

|  |  |
| --- | --- |
| & | Bring both knees out |

|  |  |
| --- | --- |
| 7 | (Ding) bring both knees in |

|  |  |
| --- | --- |
| & | (Ding) bring both knees out |

|  |  |
| --- | --- |
| 8 | (Ding) bring both knees in |

|  |  |
| --- | --- |
| 1 | Left foot touch next to right foot |

|  |  |
| --- | --- |
| 2 | Left foot touch heel left diagonal |

|  |  |
| --- | --- |
| 3 | Left foot touch heel left diagonal |