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| S'easy |  |

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| **Count:** | 24 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | William Sevone (UK) - April 2001 |
| **Music:** | Young Love - Twister Alley : (CD: Twister Alley) |
| . |

**Choreographers note:- Ideal for Beginners or as a general ‘warm up’ dance for all levels. And, if you know the words then enjoy a sing-a-long to it.**

**Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.**

**Dance start's after the 16 count intro on the word ‘..say..’ . Feet slightly apart, weight on right foot.**

**\*2x Cross-Side-Sailor (12:00).**

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| 1 - 2 | Cross left over right. Step right to right side. |

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| 3& 4 | (Turning body to left) Step left behind right, step right next to left, step left to left side. |

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| --- | --- |
| 5 - 6 | Cross right foot over left. Step left to left side. |

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| 7& 8 | (Turning body to right) Step right behind left, step left next to right, step right to right side. |

**Shuffle. Rock. 1/2 Right. 2x Heel Switches (6:00)**

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| 9& 10 | Shuffle forward stepping: L.R-L |

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| 11 - 12 | Rock forward onto right. Recover onto left. |

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| 13 - 14 | Turn 1/2 right & step forward onto right. Touch left heel forward |

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| --- | --- |
| &15 | Step left next to right, Touch right heel forward |

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| --- | --- |
| &16 | Step right next to left. Touch left heel forward. |

**Toe Touch. Fwd. Shuffle. Rock. Recover. Back. 1/4 Side (9:00)**

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| --- | --- |
| 17 - 18 | Touch left toe to the outside of right. Step forward onto left fott |

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| --- | --- |
| 19& 20 | Shuffle forward stepping: R.L-R.. |

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| --- | --- |
| 21 - 22 | Rock forward onto left. Recover onto right. |

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| --- | --- |
| 22 - 24 | Step backward onto left. Turn ¼ right & step right to right side. |

**Other suggested music:**

**Lorrie Morgan - Back in your arm's again (116 bpm)**

**Emilio - Even if I tried (116 bpm)**

**Billy Ray Cyrus - Ain't your dog no more (120 bpm)**

**Aaron Tippin or Billy Swann - I can help (120 bpm)**

**Regina Regina - Right plan, wrong man (120 bpm)**

**Dean Miller - I feel bad (122 bpm)**

**Tanya Tucker - Some kind of trouble (120 bpm)**

**James House - A real good way to wind up lonesome (124 bpm)**

**Dan Seals - Bop (124 bpm)**

**Trisha Yearwood - XXX's and OOO's (an American girl) (126 bpm)**

**Ricky Lynn Gregg - Three nickels and a dime (134 bpm)**

**Tanya Tucker - It's a little too late (142 bpm)**

**Last Update 29th May 2016**