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| --- | --- |
| Sunshine Polka |  |

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| . |
| **Count:** | 32 | **Wall:** | 0 | **Level:** |  | . |
| **Choreographer:** | Jan Smith (UK) |
| **Music:** | Hearts And Flowers - Dave Sheriff |
| . |

**Position: Side by Side position. Lady's steps opposite unless specified**

**RIGHT SHUFFLE, LEFT SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Shuffle forward right, left, right (angle body to left) |

|  |  |
| --- | --- |
| 3&4 | Shuffle forward left, right, left (angle body to right) |

**RIGHT SHUFFLE, LEFT SHUFFLE**

|  |  |
| --- | --- |
| 5&6 | Shuffle forward right, left, right (angle body to left) |

|  |  |
| --- | --- |
| 7&8 | Shuffle forward left, right, left (angle body to right) |

**STEP RIGHT PIVOT ½ LEFT PIVOT ¼ LEFT, RIGHT SIDE CLOSE SIDE**

|  |  |
| --- | --- |
| 9-10 | Step right foot forward pivot ½ left (drop hands) |

|  |  |
| --- | --- |
| 11&12 | Pivot ¼ on ball of left, step right to right side, close left to right, step, right to right side (rejoining hands) |

**CROSS BEHIND, POINT RIGHT. CROSS IN FRONT, TOUCH LEFT**

|  |  |
| --- | --- |
| 13-14 | Cross left behind right, point right to right side |

|  |  |
| --- | --- |
| 15-16 | Cross right in front of left, touch left by right |

**POLKA TURNING TO THE RIGHT X3, (TURNING 1 FULL CIRCLE) WALK, WALK**

**The next three sideways shuffles are danced turning to the right one complete turn. Polka steps are danced in Closed Western Position**

|  |  |
| --- | --- |
| 17-18 | Shuffle sideways and turning, step left to left, close right to left, step left to left |

|  |  |
| --- | --- |
| 19-20 | Shuffle sideways and turning, step right to right, close left to right, step right to right |

|  |  |
| --- | --- |
| 21-22 | Shuffle sideways and, turning, step left to left, close right to left, step left to left |

|  |  |
| --- | --- |
| 23-24 | Walk forward right, left |

**CROSS BEHIND, STEP SIDE, TOUCH HEEL SIDE, STEP RIGHT**

|  |  |
| --- | --- |
| 25-26 | Cross right behind left, step left to left side |

|  |  |
| --- | --- |
| 27-28 | Touch right heel to side (while angling body to face towards partner), step right beside left (while angling body back to face LOD) |

**KICK, STEP BACK, HOOK**

|  |  |
| --- | --- |
| 29-30 | Touch left by right, kick left forward |

|  |  |
| --- | --- |
| 31-32 | Step back onto left, hook right across left |

**REPEAT**