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| T-Bone Shuffle |  |

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| . | | | | | | |
| **Count:** | 48 | **Wall:** | 4 | **Level:** |  | . |
| **Choreographer:** | Peter Metelnick (UK) | | | | |
| **Music:** | T-Bone Shuffle - Boz Scaggs | | | | |
| . | | | | | | |

**RIGHT FORWARD, LEFT JACKIE GLEASON, LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN**

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| --- | --- |
| 1-4 | Step right foot forward, brush left foot forward, brush left foot back and across right leg, brush left foot forward on a left diagonal |

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| --- | --- |
| 5&6 | Step left foot forward, step right foot together, step left foot forward |

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| --- | --- |
| 7-8 | Step right foot forward, pivot ½ left (weight ends on left foot) |

**RIGHT FORWARD, LEFT JACKIE GLEASON, LEFT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN**

|  |  |
| --- | --- |
| 1-4 | Step right foot forward, brush left foot forward, brush left foot back and across right leg, brush left foot forward on a left diagonal |

|  |  |
| --- | --- |
| 5&6 | Step left foot forward, step right foot together, step left foot forward |

|  |  |
| --- | --- |
| 7-8 | Step right foot forward, pivot ½ left (weight ends on left foot) |

**CROSS ROCK & RECOVER, ½ RIGHT & SHUFFLE, LEFT ROCK & RECOVER, LEFT COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Cross right foot over left foot and rock forward, rock back and recover weight on left foot |

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| --- | --- |
| 3&4 | Turning ½ right step right foot forward, step left foot together, step right foot forward |

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| --- | --- |
| 5-6 | Step left foot forward and rock forward, recover weight on right foot |

|  |  |
| --- | --- |
| 7&8 | Step left foot back, step right foot together, step left foot forward |

**CROSS ROCK & RECOVER, ¾ RIGHT & SHUFFLE, LEFT ROCK & RECOVER, LEFT SHUFFLE IN PLACE**

|  |  |
| --- | --- |
| 1-2 | Cross right foot over left foot and rock forward, rock back and recover weight on left foot |

|  |  |
| --- | --- |
| 3&4 | Turning ¾ right step right foot forward, step left foot together, step right foot forward |

|  |  |
| --- | --- |
| 5-6 | Step left foot forward and rock forward, recover weight on right foot |

|  |  |
| --- | --- |
| 7&8 | Step left foot together, step right foot together, step left foot together (note: you can replace the shuffle with a left coaster step) |

**RIGHT SIDE SHUFFLE, ½ RIGHT SIDE PIVOT, HOLD & CLAP, ½ RIGHT SIDE PIVOT, HOLD & CLAP, LEFT SIDE SHUFFLE**

|  |  |
| --- | --- |
| 1&2 | Step right foot to right side, step left foot together, step right foot to right side |

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| --- | --- |
| 3-4 | Pivot ½ right on right foot while stepping left foot to left side, hold & clap |

|  |  |
| --- | --- |
| 5-6 | Pivot ½ right on left foot while stepping right foot to right side, hold & clap |

|  |  |
| --- | --- |
| 7&8 | Step left foot to left side, step right foot together, step left foot to left side |

**¼ LEFT & SHUFFLE, RIGHT FORWARD SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, ¼ LEFT PIVOT TURN**

|  |  |
| --- | --- |
| 1&2 | Turn ¼ left and step right foot forward, step left foot together, step right foot forward |

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| --- | --- |
| 3&4 | Step left foot forward, step right foot together, step left foot forward |

|  |  |
| --- | --- |
| 5-6 | Step right foot forward, pivot ½ left |

|  |  |
| --- | --- |
| 7-8 | Step right foot forward, pivot ¼ left (weight ends on left foot) |

**REPEAT**