|  |  |
| --- | --- |
| A Thousand Thoughts Of You |  |

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| . | | | | | | |
| **Count:** | 48 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Ross Brown (ENG) | | | | |
| **Music:** | Last Thing On My Mind (Metro Mix) - Ronan Keating & LeAnn Rimes | | | | |
| . | | | | | | |

**ROCK FORWARD, BEHIND SIDE CROSS, ¼ SIDE ROCK, COASTER STEP**

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| --- | --- |
| 1-2 | Rock forward with right, recover onto left |

|  |  |
| --- | --- |
| 3&4 | Cross right behind left, step left to the left, cross right over left |

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| --- | --- |
| 5-6 | Rock left to the left, recover onto right turning ¼ left |

|  |  |
| --- | --- |
| 7&8 | Step back onto left, step right next to left, step forward with left |

**HEEL & HEEL &, STEP FORWARD, DRAG, SIDE STEP, SWAY HIPS, TAP TWICE**

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| --- | --- |
| 1&2& | Tap right heel forward, step right next to left, tap left heel forward, step left next to right |

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| --- | --- |
| 3-4 | Step a large step forward with right, drag left up to right touching left next to right |

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| --- | --- |
| 5-7 | Step left to the left while swaying hips to the left, sway hips to the right, sway hips to the left placing weight fully onto left |

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| &8 | Tap right toe next to left foot twice |

**¼ SWEEP, SHUFFLE FORWARD, SIDE ROCK, CROSS SHUFFLE**

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| --- | --- |
| 1-2 | Sweep right foot from in front of left foot to behind left foot to next to left foot, while right foot is turning ¼ to the right |

|  |  |
| --- | --- |
| 3&4 | Step forward with right, bring left up to right, step forward with right |

|  |  |
| --- | --- |
| 5-6 | Rock left to the left, recover onto right |

|  |  |
| --- | --- |
| 7&8 | Cross left over right, bring right up to left, cross left over right |

**½ TURN OVER 2 STEPS, SHUFFLE FORWARD, ROCK FORWARD, STEP BACK, HEEL HOOK**

|  |  |
| --- | --- |
| 1-2 | Step back with right turning ¼ left, step left turning ¼ to the left |

|  |  |
| --- | --- |
| 3&4 | Step forward with right, bring left up to right, step forward with right |

|  |  |
| --- | --- |
| 5-6 | Rock forward with left, recover onto right |

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| --- | --- |
| 7-8 | Step back with left, hook right heel in front of left shin |

**STEP FORWARD; RIGHT, LEFT, JUMP BACK; RIGHT, LEFT, STEP FORWARD; RIGHT, LEFT ROCK BACK**

|  |  |
| --- | --- |
| 1-2 | Step forward with right, step left next to right |

|  |  |
| --- | --- |
| &3 | Jump back with right, jump back with left placing left next to right |

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| --- | --- |
| 4 | Hold |

|  |  |
| --- | --- |
| 5-6 | Step forward with right, step left next to right |

|  |  |
| --- | --- |
| 7-8 | Rock back with right, recover onto left |

**STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD, ROCK FORWARD, ½ TURNING SHUFFLE**

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| --- | --- |
| 1-2 | Step forward with right, pivot a half left |

|  |  |
| --- | --- |
| 3&4 | Step forward with right, bring left up to right, step forward with right |

|  |  |
| --- | --- |
| 5-6 | Rock forward with left, recover onto right |

|  |  |
| --- | --- |
| 7&8 | Step back with left turning ¼ left, step right next to left turning ¼ left, step forward with left |

**REPEAT**

**RESTART**

**On wall 2, restart at the end of section 5**

**TAG**

**At the end of wall 4, do the following tag**

|  |  |
| --- | --- |
| 1-2 | Point right to the right, cross step right over left |

|  |  |
| --- | --- |
| 3-4 | Point left to the left, cross step left over right |

|  |  |
| --- | --- |
| 5-6 | Point right to the right, cross step right over left |

|  |  |
| --- | --- |
| 7-8 | Unwind a full turn left |