|  |  |
| --- | --- |
| U & Ur Hand |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Kash Bane (UK) | | | | |
| **Music:** | U + Ur Hand - P!nk | | | | |
| . | | | | | | |

**STEP, SPIRAL, ¼ STEP AND TOUCH, 1 ¼ TURN AND TOUCH**

|  |  |
| --- | --- |
| 1 | Step left foot forward |

|  |  |
| --- | --- |
| 2 | Full spiral over right shoulder crossing right leg over left shin |

|  |  |
| --- | --- |
| 3 | Make a ¼ turn right stepping down on right foot |

|  |  |
| --- | --- |
| 4 | Touch left next to right foot |

|  |  |
| --- | --- |
| 5 | Make a ¼ turn left stepping forward on left foot |

|  |  |
| --- | --- |
| 6-7 | Make a full turn left stepping back on right then forward on left foot |

|  |  |
| --- | --- |
| 8 | Touch right next to left foot |

**TAP, ¼ STEP, POINTS, HITCH, CROSS, POINT, FLICK, SCUFF**

|  |  |
| --- | --- |
| &1 | Tap right toe to right side, make a ¼ turn right stepping forward on right foot |

|  |  |
| --- | --- |
| 2&3 | Point left toe to left side, return to center, point right toe to right side |

|  |  |
| --- | --- |
| 4 | Hitch right knee across left leg |

|  |  |
| --- | --- |
| 5 | Cross right foot over left |

|  |  |
| --- | --- |
| 6 | Point left toe forward |

|  |  |
| --- | --- |
| 7 | Make a ¼ turn right on ball of right foot while flicking left leg backwards |

**On count 7 either slap your left heel with left hand on flick or grab foot at ankle for styling**

|  |  |
| --- | --- |
| 8 | Scuff left foot at right |

**PRESS, RECOVER, MODIFIED CHASSE, RIGHT CHASSE**

|  |  |
| --- | --- |
| 1 | Press forward onto left foot |

|  |  |
| --- | --- |
| 2 | Recover onto right foot by pushing off left |

|  |  |
| --- | --- |
| 3-4 | Step left to left side, hold |

|  |  |
| --- | --- |
| &5 | Step right next to left, step left to left side |

|  |  |
| --- | --- |
| 6 | Touch right toe next to left |

|  |  |
| --- | --- |
| 7&8 | Step right to right side, close left foot next to right, step right to right side |

**1 ¼ TURN RIGHT, POINT, HOLD, FLICK, TOE TAP, SIDE ROCK**

|  |  |
| --- | --- |
| 1 | Make a ½ turn over right shoulder stepping left to left side |

|  |  |
| --- | --- |
| 2 | Make a ¾ turn over right shoulder stepping forward on right |

|  |  |
| --- | --- |
| 3-4 | Point left toe forward, hold |

|  |  |
| --- | --- |
| &5 | Slide left back and flick backwards |

|  |  |
| --- | --- |
| 6 | Tap left toe behind right foot |

|  |  |
| --- | --- |
| 7-8 | Rock left out to left side, recover onto right foot |

**REPEAT**