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| --- | --- |
| When You Get Tore Up |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Roy Verdonk (NL) | | | | |
| **Music:** | All Jacked Up - Gretchen Wilson | | | | |
| . | | | | | | |

**FORWARD, TOE STRUTS RIGHT FOOT - LEFT FOOT WITH ROCKING CHAIR, TWICE**

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| --- | --- |
| 1&2& | Touch right toe forward, step onto right heel, touch left toe forward, step onto left heel |

|  |  |
| --- | --- |
| 3&4& | Rock forward, on right foot recover onto left foot, rock back on right foot recover onto left foot |

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| --- | --- |
| 5-8& | Repeat 1-4& |

**STEP FORWARD PIVOT ½ TURN LEFT, 2 WALKS FORWARD, SIDE ROCK & CROSS TWICE**

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| --- | --- |
| 1-2 | Step forward on right foot, pivot ½ turn left |

|  |  |
| --- | --- |
| 3-4 | Walk forward right foot, left foot |

|  |  |
| --- | --- |
| 5&6 | Rock right foot to right, recover onto left foot, cross right foot over left foot |

|  |  |
| --- | --- |
| 7&8 | Rock left foot to left, recover onto right foot, cross left foot over right foot |

**CHASSE RIGHT WITH SWAYS, CHASSE LEFT WITH SWAYS**

|  |  |
| --- | --- |
| 1&2 | Step right foot to right, close left foot to right foot, step right foot to right |

|  |  |
| --- | --- |
| 3-4 | Sway hips left, right |

|  |  |
| --- | --- |
| 5&6 | Step left foot to left, close right foot to left foot, step left foot to left |

|  |  |
| --- | --- |
| 7-8 | Sway hips right, left |

**STRUTTING JAZZ BOX (WIDE) WITH ¼ TURN RIGHT, OUT OUT HOLD, IN IN HOLD**

|  |  |
| --- | --- |
| 1&2& | Touch right toe over left foot, step onto right heel, touch left toe back, step onto left heel |

|  |  |
| --- | --- |
| 3&4 | Making a ¼ turn right touch right toe forward, step onto right heel, left foot step next to right foot |

|  |  |
| --- | --- |
| &5-6 | Jump slightly forward right foot, left foot (feet apart), hold |

|  |  |
| --- | --- |
| &7-8 | Jump back into place right foot, left foot (feet together), hold |

**REPEAT**

**Fade out at 2:38**