|  |  |
| --- | --- |
| Wonder Beat |  |

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| . |
| **Count:** | 32 | **Wall:** | 1 | **Level:** | Beginner | . |
| **Choreographer:** | Irene Groundwater (CAN) |
| **Music:** | The Beat Goes On - Barry Amato |
| . |

**FORWARD, SCUFF, FORWARD, SCUFF, FORWARD, SCUFF, FORWARD, SCUFF**

**Use crouched position for first 8 counts of dance**

|  |  |
| --- | --- |
| 1-2 | Right forward, scuff left forward beside right instep |

|  |  |
| --- | --- |
| 3-4 | Left forward, scuff right forward beside left instep |

|  |  |
| --- | --- |
| 5-6 | Right forward, scuff left forward beside right instep |

|  |  |
| --- | --- |
| 7-8 | Left forward, scuff right forward beside left instep |

**BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH**

|  |  |
| --- | --- |
| 1-2 | Right back, touch left ball beside right instep and snap fingers to the right |

|  |  |
| --- | --- |
| 3-4 | Left back, touch right ball beside left instep and snap fingers to the left |

|  |  |
| --- | --- |
| 5-6 | Right back, touch left ball beside right instep and snap fingers to the right |

|  |  |
| --- | --- |
| 7-8 | Left back, touch right ball beside left instep and snap fingers to the left |

**OUT, OUT, HOLD, IN, IN, HOLD, OUT, OUT, HOLD, IN, IN HOLD**

|  |  |
| --- | --- |
| &1-2 | Right diagonal forward, left diagonal forward, hold (and clap) |

|  |  |
| --- | --- |
| &3-4 | Right back in original pos. Left back in original pos, hold (and clap) |

|  |  |
| --- | --- |
| &5-6 | Right diagonal forward, left diagonal forward, hold (and clap) |

|  |  |
| --- | --- |
| &7-8 | Right back in original position, left back in original position, hold (and clap) |

**Option - for ultra beginners omit the & counts and holds-out, out, in, in, out, out, in, in**

**SIDE, HEEL, TOE, HEEL, SIDE, HEEL, TOE, HEEL**

|  |  |
| --- | --- |
| 1 | Large side step right turning body (towards 10:30) and raise right arm |

|  |  |
| --- | --- |
| 2-3 | Bring left heel towards right, bring left toe towards right |

|  |  |
| --- | --- |
| 4 | Bring left heel towards right and straighten body forward |

|  |  |
| --- | --- |
| 5 | Large side step left turning body (towards 1:30) and raise left arm |

|  |  |
| --- | --- |
| 6-7 | Bring right heel towards left, bring right toe towards left |

|  |  |
| --- | --- |
| 8 | Bring right heel towards left and straighten body forward |

**REPEAT**

**INTERMEDIATE DANCERS**

**On count 25, make ¼ turn right on large side step left to make this a 4 wall dance**