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| Zig Zag |  |

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| **Count:** | 40 | **Wall:** | 4 | **Level:** | Improver east coast swing | . |
| **Choreographer:** | Nancy Morgan (USA) | | | | |
| **Music:** | Zig Zag Stop - Toby Keith | | | | |
| . | | | | | | |

**TOE, STEP, TOE, STEP, SHUFFLE FORWARD, ROCK STEP**

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| --- | --- |
| 1-2 | Touch right toes forward, step on right foot (in place) |

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| --- | --- |
| 3-4 | Touch left toes forward, step on left foot (in place) |

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| --- | --- |
| 5&6 | Shuffle forward - right, left, right |

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| --- | --- |
| 7-8 | Rock/step forward on left and back on right |

**TOE, HEEL DROP, TOE, HEEL DROP, COASTER STEP, KICK-BALL-CHANGE**

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| 1-2 | Touch left toes back, drop heel to floor |

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| --- | --- |
| 3-4 | Touch right toes back, drop heel to floor |

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| --- | --- |
| 5&6 | (Coaster step) step back on left, back on right, step forward on left |

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| --- | --- |
| 7&8 | (Kick-ball-change) kick right foot slightly forward, step right next to left as you lift left off of floor, set left foot on floor next to right (weight is on left) |

**STEP, HITCH, STEP, HITCH, PRESS, HITCH, STEP, ¼ TURN LEFT**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, bring left knee up as you hop on right foot |

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| --- | --- |
| 3-4 | Step forward on left, bring right knee up as you hop on left foot |

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| --- | --- |
| 5-6 | Press right toes to floor (leaning slightly forward), bring right knee up as you bend at waist toward knee) |

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| --- | --- |
| 7-8 | Step slightly forward on right, turn ¼ turn to left (weight is on left) |

**JAZZ BOX SQUARE, JAZZ BOX SQUARE**

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| --- | --- |
| 1-2-3-4 | Cross right over left, step back on left, step right to right side, step forward on left |

|  |  |
| --- | --- |
| 5-6-7-8 | Cross right over left, step back on left, step right to right side, step forward on left |

**TOUCH OUT, STEP FORWARD, TOUCH OUT, STEP FORWARD, MONTEREY TURN**

|  |  |
| --- | --- |
| 1-2 | Touch right toes out to right side, step forward on right |

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| --- | --- |
| 3-4 | Touch left toes out to left side, step forward on left |

|  |  |
| --- | --- |
| 5-6-7-8 | (Monterey turn) touch right toes out to right side, push off of your right turning to your right ½ turn landing on your right foot next to your left, touch left toes out to left side, step left next to right |

**REPEAT**