|  |  |
| --- | --- |
| It's My Life |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 44 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Peter McCreery (UK) | | | | |
| **Music:** | It's My Life - Bon Jovi | | | | |
| . | | | | | | |

**CROSS KICKS AND FORWARD WALKS**

|  |  |
| --- | --- |
| 1 | Cross right foot over left |

|  |  |
| --- | --- |
| 2 | Kick left foot to left side |

|  |  |
| --- | --- |
| 3 | Cross left over right |

|  |  |
| --- | --- |
| 4 | Kick right foot to right side |

|  |  |
| --- | --- |
| 5-8 | Walk forward, right, left, right, left |

**1 ¼ TURN WITH TOE STRUTS**

|  |  |
| --- | --- |
| 9-10 | ¼ turn to right with a right toe strut |

|  |  |
| --- | --- |
| 11-12 | ½ turn to right with a left toe strut |

|  |  |
| --- | --- |
| 13-14 | ½ turn to right with right toe strut |

|  |  |
| --- | --- |
| 15-16 | Left toe strut forward |

**CROSS ROCK, ¼ TURN SHUFFLE AND WEAVE**

|  |  |
| --- | --- |
| 17-18 | Rock step right across left, rock back on left |

|  |  |
| --- | --- |
| 19&20 | ¼ turn to right, step right to right side, bring left together and step right to right side |

|  |  |
| --- | --- |
| 21 | Cross left over right |

|  |  |
| --- | --- |
| 22 | Step right to right side |

|  |  |
| --- | --- |
| 23 | Step left behind right |

|  |  |
| --- | --- |
| 24 | ¼ turn to right stepping right forward |

**½ TURN, ¼ TURN ROCK AND SAILOR SHUFFLES**

|  |  |
| --- | --- |
| 25-26 | Step left foot forward, ½ turn to right |

|  |  |
| --- | --- |
| 27 | Step left foot forward |

|  |  |
| --- | --- |
| 28 | Rocking back onto right, turn ¼ turn to the right |

|  |  |
| --- | --- |
| 29&30 | Sailor shuffle with left foot |

|  |  |
| --- | --- |
| 31-32 | Sailor shuffle with right foot |

**KICKS WITH TURNS**

|  |  |
| --- | --- |
| 33 | Kick left foot forward |

|  |  |
| --- | --- |
| 34 | Touch left toe behind |

|  |  |
| --- | --- |
| 35-36 | Unwind ½ turn to left |

|  |  |
| --- | --- |
| 37 | Kick right foot forward |

|  |  |
| --- | --- |
| 38 | Touch right toe behind |

|  |  |
| --- | --- |
| 39-40 | Unwind ½ turn to right |

**SHOULDER ROLLS**

|  |  |
| --- | --- |
| 41 | Step left foot forward |

|  |  |
| --- | --- |
| 42 | Step right foot beside left |

|  |  |
| --- | --- |
| 43 | Roll right shoulder |

|  |  |
| --- | --- |
| 44 | Roll left shoulder |

**REPEAT**