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| It's Ok |  |

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| **Count:** | 72 | **Wall:** | 2 | **Level:** |  | . |
| **Choreographer:** | Margaret Murphy (AUS) | | | | |
| **Music:** | Its Ok - Atomic Kitten | | | | |
| . | | | | | | |

**DOUBLE HIP BUMPS RIGHT, LEFT, RIGHT, LEFT**

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| 1&2-3&4 | Double hip bumps to the right, double hip bumps to the left |

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| 5&6-7&8 | Repeat last 4 beats (12:00) |

**POINTS, SWEEPS AND SAILOR STEPS**

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| 1-2-3&4 | Point right toe forward, sweep around into a right sailor step |

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| 5-6-7&8 | Point left toe forward, sweep around into a left sailor step (12:00) |

**ROCK FORWARD & BACK, ROLL A FULL TURN TO THE RIGHT AND LEFT**

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| 1-2-3-4 | Rock across left with right, step back onto left, full turn triple step right-left-right to the right |

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| --- | --- |
| 5-6-7-8 | Rock across right with left, step back onto left, full turn triple step left-right-left to the left (12:00) |

**ROCK FORWARD AND BACK 1 ½ TRIPLE TURN RIGHT STEP LOCK FORWARD**

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| 1-2-3&4 | Rock forward onto right back onto left, 1 & ½ turn triple step to the right (right-left-right) |

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| 5-6-7&8 | Step forward on left, lock right behind, shuffle forward, left-right-left (6:00) |

**STEP LOCK FORWARD, STEP LOCKS BACK**

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| --- | --- |
| 1-2-3&4 | Step forward on right, lock left behind, shuffle forward, right-left-right |

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| --- | --- |
| 5-6-7&8 | Rock forward on left, back on right, step back on left lock right in front of left |

**LOCK BACK, SHUFFLE, ROCKS, SHUFFLE FORWARD**

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| --- | --- |
| 1-2-3&4 | Step back right, lock left in front of right, shuffle back right-left-right |

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| --- | --- |
| 5-6-7&8 | Rock back onto left, forward onto right, shuffle forward, left-right-left |

**2 X ¼ TURN PADDLES, 2 X SAMBAS**

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| 1-2-3-4 | Step forward on right, paddle ¼ turn to the left twice |

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| 5&6-7&8 | Samba step right, across left, samba step left across right (12:00) |

**¼ PADDLES TWICE, ROCKS AND HIP BUMPS**

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| --- | --- |
| 1-2-3-4 | Step forward on right, paddle ¼ turn to the left twice |

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| --- | --- |
| 5-6-7&8 | Rock onto right, rock onto left, step to the right and bump hips right-left-right, (6:00) |

**ROCKS, HIP BUMPS, JAZZ BOX**

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| --- | --- |
| 1-2-3&4 | Rock onto left, rock onto right, step to the left and bumps hips left-right-left |

|  |  |
| --- | --- |
| 5-6-7-8 | Cross right in front of left, step back on left, step right to right, step left slightly forward (6:00) |

**REPEAT**