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| Heartbreak Express |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner / Improver | . |
| **Choreographer:** | Peter Metelnick (UK) | | | | |
| **Music:** | From a Jack to a King - Ricky Van Shelton | | | | |
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**When dancing to the non country track by Dario G, start on 33 count after the drums start You will hear a whistle. If you start the dance at the correct time you will end the dance on the last count facing the front wall.**

**When dancing to the Dixie Chicks tune, start right after the Chicks' sing "out the" on the word "door". Dance will end perfectly with the music.**

**VINE RIGHT 2, RIGHT HEEL BALL CROSS, RIGHT SIDE ROCK & RECOVER, RIGHT CROSS SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Step right foot to right side, cross step left foot behind right |

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| --- | --- |
| 3&4 | Touch right heel forward, step right foot back, cross step left foot over right |

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| --- | --- |
| 5-6 | Step right foot to right side and rock, recover weight on left foot |

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| --- | --- |
| 7&8 | Cross step right foot over left, step left foot to left side, cross step right foot over left |

**VINE LEFT 2, LEFT HEEL BALL CROSS, LEFT SIDE ROCK & RECOVER WITH ¼ RIGHT TURN, LEFT FORWARD SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Step left foot to left side, cross step right foot behind left |

|  |  |
| --- | --- |
| 3&4 | Touch left heel forward, step left foot back, cross step right foot over left |

|  |  |
| --- | --- |
| 5-6 | Step left foot to left side and rock, recover weight on right foot turning ¼ right (now facing right side wall) |

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| --- | --- |
| 7&8 | Step left foot forward, step right foot together, step left foot forward |

**WALK FORWARD 2, RIGHT KICK BALL CHANGE, RIGHT FORWARD, ¼ LEFT PIVOT TURN, RIGHT FORWARD, ¼ LEFT PIVOT TURN**

|  |  |
| --- | --- |
| 1-2 | Step right foot forward, step left foot forward |

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| --- | --- |
| 3&4 | Kick right foot forward, step right foot together, step left foot together |

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| --- | --- |
| 5-8 | Step right foot forward, pivot ¼ left, step right foot forward, pivot ¼ left (now facing left side wall) |

**RIGHT ROCK FORWARD & RECOVER, ½ RIGHT & SHUFFLE, LEFT ROCK FORWARD & RECOVER, LEFT BACK, RIGHT SIDE, LEFT CROSS STEP**

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| --- | --- |
| 1-2 | Step right foot forward and rock, recover weight on left foot |

|  |  |
| --- | --- |
| 3&4 | Step right foot turning to the right ¼, step left foot together turning ¼ right, step right foot together (now facing right side wall) |

|  |  |
| --- | --- |
| 5-6 | Step left foot forward and rock, recover weight on right foot |

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| --- | --- |
| 7&8 | Step left foot back, step right foot back and slightly to the right, cross step left foot over right (turning body slightly to the right) |

**REPEAT**

**This dance was choreographed after I met the Dixie Chicks in London. It was a thrill to meet them & see them perform. They put on a good show & it was great to hear songs such as "Let 'Er Rip" live. When I heard them sing "Tonight The Heartache's on Me", I realized what a good song it was & went home that night to play the CD version again. Heartbreak Express was choreographed the next day.**