|  |  |
| --- | --- |
| Groovy Moves |  |

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| --- |
| . |
| **Count:** | 64 | **Wall:** | 4 | **Level:** |  | . |
| **Choreographer:** | Kay Romero (USA) |
| **Music:** | Blueboy - John Fogerty |
| . |

**FORWARD, SIDE, TRIPLE STEP**

|  |  |
| --- | --- |
| 1-2 | Touch right toe forward, slide right toe to right side |

|  |  |
| --- | --- |
| 3&4 | Triple step forward (right-left-right) |

|  |  |
| --- | --- |
| 5-6 | Touch left toe forward, slide left toe to left side |

|  |  |
| --- | --- |
| 7&8 | Triple step forward (left-right-left) |

**KICK, STEP, POINT, STEP, KICK, STEP, ¼ TURN, CROSS**

|  |  |
| --- | --- |
| 1-2 | Kick right foot forward, step right foot back |

|  |  |
| --- | --- |
| 3-4 | Touch left toe back, step left foot forward |

|  |  |
| --- | --- |
| 5-6 | Kick right foot forward, step right foot back |

|  |  |
| --- | --- |
| 7-8 | Step left foot ¼ turn left, cross/step right foot in front of left foot |

**SIDE TRIPLE, CROSS, ¼ TURN, COASTER STEP, SIDE TRIPLE**

|  |  |
| --- | --- |
| 1&2 | Left side triple (left-right-left) |

|  |  |
| --- | --- |
| 3-4 | Cross/step right foot in front of left foot, step left foot back into ¼ turn right |

|  |  |
| --- | --- |
| 5&6 | Coaster step: step right foot back, step left foot together, step right foot forward |

|  |  |
| --- | --- |
| 7&8 | Left side triple (left-right-left) |

**ROCK, STEP, RIGHT SIDE TRIPLE, ROCK, STEP, POINT, CROSS**

|  |  |
| --- | --- |
| 1-2 | Rock back on right foot, step left foot in place |

|  |  |
| --- | --- |
| 3&4 | Right side triple (right-left-right) |

|  |  |
| --- | --- |
| 5-6 | Rock back on left foot, step right foot in place |

|  |  |
| --- | --- |
| 7-8 | Point left foot to left side, cross/step left foot forward in front of right foot |

**POINT, CROSS, POINT, CROSS, SIDE, TURN, SIDE, TOE BACK**

|  |  |
| --- | --- |
| 1-2 | Point right foot to right side, cross/step right foot forward in front of left foot |

|  |  |
| --- | --- |
| 3-4 | Point left foot to left side, cross/step left foot forward in front of right foot |

|  |  |
| --- | --- |
| 5-6 | Touch right foot to right side, pivot ½ turn right on ball of left foot and step right foot together |

|  |  |
| --- | --- |
| 7-8 | Touch left toe to side, extend/touch left foot back |

**TRIPLE FORWARD, STEP, KICK ½ TURN, WALK BACK, BACK, BACK, BACK & CROSS OVER**

|  |  |
| --- | --- |
| 1&2 | Triple forward (left-right-left) |

|  |  |
| --- | --- |
| 3 | Step right foot forward |

|  |  |
| --- | --- |
| 4 | Karate kick: kick left foot forward making ½ turn right on ball of right foot and kick left foot backward |

|  |  |
| --- | --- |
| 5-7 | Walk back (left-right-left) |

|  |  |
| --- | --- |
| &8 | Step right foot back, cross/step left foot over right foot |

**¼ TURN LEFT, ½ TURN LEFT, TRIPLE FORWARD, ROCK, STEP, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Step right foot back into ¼ turn left, step left foot back into ½ turn left |

|  |  |
| --- | --- |
| 3-4 | Triple forward (right-left-right) |

|  |  |
| --- | --- |
| 5-6 | Rock forward on left foot, step back on right foot |

|  |  |
| --- | --- |
| 7&8 | Coaster step: step left foot back, step right foot together, step left foot forward |

**WALK 2, FORWARD, TOGETHER, BACK, STEP BACK, BACK, COASTER STEP**

|  |  |
| --- | --- |
| 1-2 | Walk forward right, left |

|  |  |
| --- | --- |
| 3&4 | Step right foot forward, step left foot together, step right foot back |

|  |  |
| --- | --- |
| 5-6 | Walk back left, right |

**Or full turn to the right stepping back with left foot starting the turn and finish the turn by spinning on the ball of the right foot**

|  |  |
| --- | --- |
| 7&8 | Coaster step: step left foot back, step right foot together, step left foot forward |

**PUSH STEPS**

|  |  |
| --- | --- |
| 1 | Small step right foot forward as if pushing ball of right foot into the floor |

|  |  |
| --- | --- |
| 2 | Step down on right foot in place |

|  |  |
| --- | --- |
| 3 | Small step left foot forward as if pushing ball of left foot into the floor |

|  |  |
| --- | --- |
| 4 | Step down on left foot in place |

|  |  |
| --- | --- |
| 5 | Small step right foot forward as if pushing ball of right foot into the floor |

|  |  |
| --- | --- |
| 6 | Step down on right foot in place |

|  |  |
| --- | --- |
| 7 | Small step left foot forward as if pushing ball of left foot into the floor |

|  |  |
| --- | --- |
| 8 | Step down on left foot in place |

**REPEAT**