|  |  |
| --- | --- |
| Free And Easy |  |

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| . |
| **Count:** | 40 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Caz Robertson (UK) |
| **Music:** | Free and Easy (Down the Road I Go) - Dierks Bentley |
| . |

**T-BONE STEPS TWICE**

|  |  |
| --- | --- |
| 1-4 | Step right forward, brush left forward, brush left back across right, brush left forward across right |

|  |  |
| --- | --- |
| 5-8 | Step left forward, brush right forward, brush right back across left, brush right forward across left |

**DOROTHY STEPS TWICE, ROCKING HORSE**

|  |  |
| --- | --- |
| 9-10& | Step right to right diagonal, lock left behind right, step right in place |

|  |  |
| --- | --- |
| 11-12& | Step left to left diagonal, lock right behind left, step left in place |

|  |  |
| --- | --- |
| 13-16 | Rock forward on right, recover on left, rock back on right, recover on left |

**SHUFFLE, ROCK, RECOVER, GRAPEVINE WITH ¼ TURN, BALL STEP, RECOVER**

|  |  |
| --- | --- |
| 17&18 | Step right to right, step left next to right, step right to right |

|  |  |
| --- | --- |
| 19-20 | Rock back on left to right diagonal, recover on right |

|  |  |
| --- | --- |
| 21-23 | Step left to left, step right behind left, making ¼ turn left step left forward |

|  |  |
| --- | --- |
| &24 | Step back on ball of right, recover on left |

**HEEL GRIND, COASTER TWICE**

|  |  |
| --- | --- |
| 25-26 | Rock forward on right heel arcing right toe from left to right, step back on left |

|  |  |
| --- | --- |
| 27&28 | Step right back, step left back, step right forward |

|  |  |
| --- | --- |
| 29-30 | Rock forward on left heel arcing left toe from right to left, step back on right |

|  |  |
| --- | --- |
| 31&32 | Step left back, step right back, step left forward |

**1/8 PADDLE TURNS TWICE, POINT, STEP, POINT, STEP, HEEL, CLAP**

|  |  |
| --- | --- |
| 33-36 | Step forward on right, pivot on balls of both feet 1/8 turn left, step forward on right, pivot on balls of both feet 1/8 turn left |

|  |  |
| --- | --- |
| 37&38 | Point right to right, step right in place, point left to left |

|  |  |
| --- | --- |
| &39-40 | Step left in place, touch right heel forward, clap |

**REPEAT**

**FINISH**

**At end of wall 9, after counts &39-40, finish dance on final music notes with heel switches and clap:**

|  |  |
| --- | --- |
| &1 | Step right in place, touch left heel forward |

|  |  |
| --- | --- |
| &2 | Step left in place, touch right heel forward |

|  |  |
| --- | --- |
| &3 | Step right in place, touch left heel forward |

|  |  |
| --- | --- |
| 4 | Clap |

**"T-Bone steps" are steps from Peter Metelnick's dance 'T-Bone Shuffle'**