|  |  |
| --- | --- |
| Cowgirl Boogie N' Strut |  |

.

|  |
| --- |
| . |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate/Advanced | . |
| **Choreographer:** | Teree Desarro (USA) |
| **Music:** | Big Love - Tracy Byrd |
| . |

**Start on vocals. If dancing to Tracy Byrd's "Cowgirl", there is a 16-count bridge after the first verse/rotation. See step description at end of dance.)**

**DOUBLE TOES FANS**

|  |  |
| --- | --- |
| 1 | Fan toes of right to the right |

|  |  |
| --- | --- |
| 2 | Remaining to the right, tap toes of right again |

|  |  |
| --- | --- |
| 3 | Return toes of right to center |

|  |  |
| --- | --- |
| 4 | Remaining at center, tap toes of right again |

|  |  |
| --- | --- |
| 5 | Fan toes of left to the left |

|  |  |
| --- | --- |
| 6 | Remaining to the left, tap toes of left again |

|  |  |
| --- | --- |
| 7 | Return toes of left to center |

|  |  |
| --- | --- |
| 8 | Remaining at center, tap toes of left again |

**STEP, SLIDE, STEP, BRUSH, REPEAT**

|  |  |
| --- | --- |
| 9 | Step forward on right |

|  |  |
| --- | --- |
| 10 | Slide left foot to heel of right |

|  |  |
| --- | --- |
| 11 | Step forward on right |

|  |  |
| --- | --- |
| 12 | Brush left foot forward |

|  |  |
| --- | --- |
| 13 | Step forward on left |

|  |  |
| --- | --- |
| 14 | Slide right foot to heel of left |

|  |  |
| --- | --- |
| 15 | Step forward on left |

|  |  |
| --- | --- |
| 16 | Brush right foot forward |

**JAZZ BOX WITH ¼ TURN, JAZZ BOX**

|  |  |
| --- | --- |
| 17 | Cross step right in front of left |

|  |  |
| --- | --- |
| 18 | Step back on left |

|  |  |
| --- | --- |
| 19 | Step ¼ turn to the right on right |

|  |  |
| --- | --- |
| 20 | Step left next to right |

|  |  |
| --- | --- |
| 21 | Cross step right in front of left |

|  |  |
| --- | --- |
| 22 | Step back on left |

|  |  |
| --- | --- |
| 23 | Step to the right on right |

|  |  |
| --- | --- |
| 24 | Step left next to right |

**FORWARD TOE-HEEL STRUTS WITH KNEES BENT (BOOGIE STRUTS)**

|  |  |
| --- | --- |
| 25 | With knees bent, step forward on ball of right, while moving left shoulder forward |

|  |  |
| --- | --- |
| 26 | Step down on heel of right, while moving left shoulder home |

|  |  |
| --- | --- |
| 27 | With knees bent, step forward on ball of left, while moving right shoulder forward |

|  |  |
| --- | --- |
| 28 | Step down on heel of left, while moving right shoulder home |

|  |  |
| --- | --- |
| 29 | With knees bent, step forward on ball of right, while moving left shoulder forward |

|  |  |
| --- | --- |
| 30 | Step down on heel of right, while moving left shoulder home |

|  |  |
| --- | --- |
| 31 | With knees bent, step forward on ball of left, while moving right shoulder forward |

|  |  |
| --- | --- |
| 32 | Step down on heel of left, while straightening up and moving right shoulder home |

**SIDE TOUCHES**

|  |  |
| --- | --- |
| 33 | Touch toes of right to the right side |

|  |  |
| --- | --- |
| 34 | Step right next to left |

|  |  |
| --- | --- |
| 35 | Touch toes of left to the left side |

|  |  |
| --- | --- |
| 36 | Step left next to right |

|  |  |
| --- | --- |
| 37 | Touch toes of right to the right side |

|  |  |
| --- | --- |
| 38 | Step right next to left |

|  |  |
| --- | --- |
| 39 | Touch toes of left to the left side |

|  |  |
| --- | --- |
| 40 | Step left next to right |

**HEEL, CROSS/TAP, HEEL, ¼ TURN/SLAP, HEEL, CROSS/TAP, HEEL, ¼ TURN/SLAP**

|  |  |
| --- | --- |
| 41 | Tap right heel forward |

|  |  |
| --- | --- |
| 42 | Cross right in front of left leg, tapping toes of right outside of left foot |

|  |  |
| --- | --- |
| 43 | Tap right heel forward |

|  |  |
| --- | --- |
| 44 | Pivot ¼ turn to the left on left and slap outside of right heel with right hand |

|  |  |
| --- | --- |
| 45 | Tap right heel forward |

|  |  |
| --- | --- |
| 46 | Cross right in front of left leg, tapping toes of right outside of left foot |

|  |  |
| --- | --- |
| 47 | Tap right heel forward |

|  |  |
| --- | --- |
| 48 | Pivot ¼ turn to the left on left and slap outside of right heel with right hand |

**FORWARD TOE-HEEL STRUTS WITH KNEES BENT (BOOGIE STRUTS)**

|  |  |
| --- | --- |
| 49 | With knees bent, step forward on ball of right, while moving left shoulder forward |

|  |  |
| --- | --- |
| 50 | Step down on heel of right, while moving left shoulder home |

|  |  |
| --- | --- |
| 51 | With knees bent, step forward on ball of left, while moving right shoulder forward |

|  |  |
| --- | --- |
| 52 | Step down on heel of left, while moving right shoulder home |

|  |  |
| --- | --- |
| 53 | With knees bent, step forward on ball of right, while moving left shoulder forward |

|  |  |
| --- | --- |
| 54 | Step down on heel of right, while moving left shoulder home |

|  |  |
| --- | --- |
| 55 | With knees bent, step forward on ball of left, while moving right shoulder forward |

|  |  |
| --- | --- |
| 56 | Step down on heel of left, while straightening up and moving right shoulder home |

**SIDE TOUCHES**

|  |  |
| --- | --- |
| 57 | Touch toes of right to the right side |

|  |  |
| --- | --- |
| 58 | Step right next to left |

|  |  |
| --- | --- |
| 59 | Touch toes of left to the left side |

|  |  |
| --- | --- |
| 60 | Step left next to right |

|  |  |
| --- | --- |
| 61 | Touch toes of right to the right side |

|  |  |
| --- | --- |
| 62 | Step right next to left |

|  |  |
| --- | --- |
| 63 | Touch toes of left to the left side |

|  |  |
| --- | --- |
| 64 | Step left next to right |

**REPEAT**

**If dancing to Tracy Byrd's "Cowgirl", there is a 16 count Bridge after first verse/rotation.**

**BRIDGE**

**GRAPEVINE RIGHT, SCUFF, GRAPEVINE LEFT, SCUFF**

|  |  |
| --- | --- |
| 1 | Step to the right on right |

|  |  |
| --- | --- |
| 2 | Cross step left behind right |

|  |  |
| --- | --- |
| 3 | Step to the right on right |

|  |  |
| --- | --- |
| 4 | Scuff left next to right |

|  |  |
| --- | --- |
| 5 | Step to the left on left |

|  |  |
| --- | --- |
| 6 | Cross step right behind left |

|  |  |
| --- | --- |
| 7 | Step to the left on left |

|  |  |
| --- | --- |
| 8 | Scuff right next to left |

**FORWARD TOE-HEEL STRUTS WITH KNEES BENT (BOOGIE STRUTS), HEEL SPLITS**

|  |  |
| --- | --- |
| 9 | With knees bent, step forward on ball of right, while moving left shoulder forward |

|  |  |
| --- | --- |
| 10 | Step down on heel of right, while moving left shoulder home |

|  |  |
| --- | --- |
| 11 | With knees bent, step left next to right on ball of left, while moving right shoulder forward |

|  |  |
| --- | --- |
| 12 | Step down on heel of left, while moving right shoulder home |

|  |  |
| --- | --- |
| 13 | Split heels apart |

|  |  |
| --- | --- |
| 14 | Bring heels together |

|  |  |
| --- | --- |
| 15 | Split heels apart |

|  |  |
| --- | --- |
| 16 | Bring heels together |