|  |  |
| --- | --- |
| Cross My Heart |  |

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| . | | | | | | |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Advanced west coast swing | . |
| **Choreographer:** | Cato Larsen (NOR) | | | | |
| **Music:** | Cross My Heart - A\*Teens | | | | |
| . | | | | | | |

**TOE TAP'S, STEP, ½ TURN, FULL TURN PENCIL SPIN, OUT-OUT, KNEE POP**

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| --- | --- |
| 1&-2& | Tap right toe forward, step right next to left, tap left toe forward, step left next to right |

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| --- | --- |
| 3-4 | Step forward on right, pivot ½ turn left |

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| --- | --- |
| 5 | Pivot full turn left touching right toe next to left |

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| --- | --- |
| &6 | Step right slightly right, step left slightly left |

|  |  |
| --- | --- |
| 7-8 | Pop right knee in towards left knee, pop right knee out turning ¼ turn right |

**AND CROSS, SIDE, AND CROSS, SIDE, AND POINT, FLICK, CROSS, ¼ TURN**

|  |  |
| --- | --- |
| &1-2 | Step ball of right slightly back, cross left over right, step right to right side |

|  |  |
| --- | --- |
| &3-4 | Step ball of left slightly back, cross right over left, step left to left side |

|  |  |
| --- | --- |
| &5 | Step ball of right slightly back, cross left over right |

|  |  |
| --- | --- |
| &6 | Touch right toe to right side, turning body slightly left diagonal; flick right foot out and back |

|  |  |
| --- | --- |
| 7-8 | Cross right over left, pivot ¼ turn right stepping back on left |

**STEP BACK, COASTER STEP, STEP FORWARD & OUT, HOLD, TOGETHER, SIDE, SLIDE & TOUCH**

|  |  |
| --- | --- |
| 1 | Step back on right |

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| --- | --- |
| 2&3 | Step back on left, step right next to left, step forward on left |

|  |  |
| --- | --- |
| 4 | Step forward on right |

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| --- | --- |
| &5-6 | Step forward on left, step right slightly right, hold |

|  |  |
| --- | --- |
| &7-8 | Step left next to right, step right to right side, slide left to touch beside right |

**SYNCOPATED ROLLING VINE, POINT & SWITCH INTO A SYNCOPATED MONTEREY TURN, TOE POINTS**

|  |  |
| --- | --- |
| 1-2& | Step left 1/ turn left, pivot ½ turn left stepping back on right, pivot ¼ turn left stepping left to left side |

|  |  |
| --- | --- |
| 3-4 | Cross right over left, point left toe to left side |

|  |  |
| --- | --- |
| &5 | Step left next to right, point right toe to right side |

|  |  |
| --- | --- |
| &6 | Pivot ½ turn right stepping right next to left, point left toe to left side |

|  |  |
| --- | --- |
| 7-8 | Point left toe forward across of right, point left toe to left side |

**TWINKLE LEFT, POINT & POINT, TWINKLE RIGHT, CROSS, HITCH ¼ TURN**

|  |  |
| --- | --- |
| 1&2 | Step left diagonally across of right, step right diagonally forward right, step left diagonally forward left |

|  |  |
| --- | --- |
| 3-4 | Point right toe forward across of left, point right toe to right side |

|  |  |
| --- | --- |
| 5&6 | Step right diagonally across of left, step left diagonal forward left, step right diagonal forward right |

|  |  |
| --- | --- |
| &7-8 | Step left diagonally across of right, turning ¼ turn left hitch your right knee, hold |

**ROCK STEP, TRIPLE FULL TURN, SIDE, TAP & STEP, CROSS, UNWIND FULL TURN**

|  |  |
| --- | --- |
| 1-2 | Step forward on right, rock back (recover) on left |

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| --- | --- |
| 3&4 | Triple full turn right stepping right, left, right |

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| --- | --- |
| 5&6 | Step left to left side, tap right toe to right side, step down on right foot where it is |

|  |  |
| --- | --- |
| 7-8 | Cross left over right, unwind full turn right |

**SWEEP INTO A SAILOR STEP, HOLD, SIDE STEPS WITH SHOULDER POPS RIGHT**

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| --- | --- |
| 1 | Sweep right out in front and back ready to do a sailor step. |

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| --- | --- |
| 2&3-4 | Sailor step right, hold |

|  |  |
| --- | --- |
| &5 | Step left next to right, step right to right side |

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| --- | --- |
| 6-7 | Lean onto right leg and pop left shoulder diagonally forward and down towards the floor twice |

|  |  |
| --- | --- |
| 8 | Rise up to an upstanding position |

**SIDE STEPS WITH SHOULDER POPS LEFT, AND STEP, ¼ TURN, AND STEP, ¼ TURN**

|  |  |
| --- | --- |
| &1 | Step right next to left, step left to left side |

|  |  |
| --- | --- |
| 2-3 | Lean onto left leg and pop right shoulder diagonally forward and down towards the floor twice |

|  |  |
| --- | --- |
| 4 | Rise up to an upstanding position |

|  |  |
| --- | --- |
| &5-6 | Step ball left slightly back, step forward on right, pivot ¼ turn left. (weight ends on right) |

|  |  |
| --- | --- |
| &7-8 | Step ball left slightly back, step forward on right, pivot ¼ turn left. (weight ends on left) |

**REPEAT**