|  |  |
| --- | --- |
| Competition Take A Leave |  |

.

|  |
| --- |
| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate/Advanced | . |
| **Choreographer:** | Guyton Mundy (USA) |
| **Music:** | All Or Nothing - Athena Cage |
| . |

**STEP, SAILOR, FULL TURN, COASTER, FOOT SWING**

|  |  |
| --- | --- |
| 1-2&3 | Step left, step behind right, step together left, step forward right |

|  |  |
| --- | --- |
| 4-5 | Full turn left with ronde |

|  |  |
| --- | --- |
| 6&7 | Step back left, step together right, step forward left |

|  |  |
| --- | --- |
| 8 | Swing right foot forward with toe pointed |

**TOE TOUCH ½ TURN (TWICE), COASTER, STEP, STEP**

|  |  |
| --- | --- |
| 1-2 | Touch right toe back, ½ turn to the right |

|  |  |
| --- | --- |
| 3-4 | Touch left toe forward, ½ turn to the right |

|  |  |
| --- | --- |
| 5&6 | Step back right, step together left, step forward right |

|  |  |
| --- | --- |
| 7-8 | Step left-right |

**SYNCOPATED VINE, SIDE ROCK/RECOVER, ¼ TURN SYNCOPATED VINE, FORWARD ROCK/RECOVER**

|  |  |
| --- | --- |
| 1&2 | Step behind left, step out right, cross left in front |

|  |  |
| --- | --- |
| 3-4 | Rock out to right side, recover to left |

|  |  |
| --- | --- |
| 5&6 | Step behind right, step out left, cross right in front while making ¼ turn to the left |

|  |  |
| --- | --- |
| 7-8 | Rock forward on left, recover back on right |

**COASTER, STEP BACK, ¼ TURN STEP BACK, SHOULDER ROCKS, STEP TOGETHER**

|  |  |
| --- | --- |
| 1&2 | Step back left, step together right, step forward left |

|  |  |
| --- | --- |
| 3-4 | Step back right, step back on left making ¼ turn to the left |

|  |  |
| --- | --- |
| 5-6-7&8 | Rock shoulder left-right-left, lift right shoulder and right foot, lower right shoulder stepping right foot together |

**STEP, HEEL RAISES, HEEL SWIVELS, HEEL SWIVELS, ROCK/RECOVER, FULL TURN**

|  |  |
| --- | --- |
| 1&2 | Step forward right, raise heels |

|  |  |
| --- | --- |
| &3 | Swivel right heel to right and left heel to left, bring back to neutral |

|  |  |
| --- | --- |
| &4 | Swivel right toe to right and left heel to left, bring back to neutral |

|  |  |
| --- | --- |
| 5-6 | Rock forward left, recover back right |

|  |  |
| --- | --- |
| 7-8 | Make full turn stepping left-right |

**COASTER, SIDE KICK, HOOK, ¾ TURN, SIDE STEP, HOLD, FOOT WALKS**

|  |  |
| --- | --- |
| 1&2 | Step back left, step together right, step forward left |

|  |  |
| --- | --- |
| &3 | Kick right foot out to right side, hook right foot behind left |

|  |  |
| --- | --- |
| 4 | ¾ unwind to the right |

|  |  |
| --- | --- |
| 5-6 | Step right foot out to right side, hold |

|  |  |
| --- | --- |
| 7&8 | Walk right toe in, walk right heel in, walk right toe in |

**SIDE KICK BALL CROSS, TOE TOUCH FORWARD, TOE TOUCH BACK, STEP, DRAG, STEP, HEEL TURNS**

|  |  |
| --- | --- |
| 1&2 | Kick left foot to left side, step together left, cross right in front |

|  |  |
| --- | --- |
| 3-4 | Touch left toe forward, touch left toe back |

|  |  |
| --- | --- |
| 5-6 | Big step forward on left, drag right foot together |

|  |  |
| --- | --- |
| 7&8 | Step forward right, bring left heel to right heel take right heel to right, while making a ½ turn to the left |

**FORWARD KICKS (TWICE), STEP, DRAG, ¼ TURN BODY POPS**

|  |  |
| --- | --- |
| 1&2 | Kick left foot forward, switch to kick right foot forward |

|  |  |
| --- | --- |
| &3-4 | Switch to step left foot forward, drag right foot together |

|  |  |
| --- | --- |
| 5-6-7&8 | Bring bent arms up to shoulder level, turn head ¼ turn to the left, turn upper body ¼ turn to the left, follow with lower body ¼ turn to the left, drop arms to sides |

**REPEAT**