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| Contra Waltz |  |

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| . |
| **Count:** | 24 | **Wall:** | 2 | **Level:** | Ultra Beginner waltz | . |
| **Choreographer:** | Irene Groundwater (CAN) |
| **Music:** | Walkin' All Over My Heart - Travis Tritt |
| . |

**Position: Dancers form 2 lines offset facing each other**

**FORWARD, FORWARD, FORWARD, FORWARD, FORWARD, FORWARD**

|  |  |
| --- | --- |
| 1-2-3 | Left forward, right forward, left forward |

|  |  |
| --- | --- |
| 4-5-6 | Right forward, left forward, right forward |

**On forward walks dancers will go between 2 people facing them in opposite line. Option: clap the opposite persons hands as you go between the line**

**¼ TURN LEFT, SIDE, TOGETHER, ¼ TURN LEFT, SIDE, TOGETHER (½ TURNING BOX STEP)**

|  |  |
| --- | --- |
| 1 | Left forward making ¼ turn left on step |

|  |  |
| --- | --- |
| 2-3 | Side step right, step left beside right |

|  |  |
| --- | --- |
| 4 | Right back making ¼ turn left on step |

|  |  |
| --- | --- |
| 5-6 | Large side step left, step right beside left |

**Dancers should now be facing people in the opposite line - head on**

**FORWARD, TOGETHER, TOGETHER, BACK, TOGETHER, TOGETHER**

|  |  |
| --- | --- |
| 1-2-3 | Left forward, step right beside left, step left beside right |

|  |  |
| --- | --- |
| 4-5-6 | Right back, step left beside right, step right beside left |

**Option: dancers can clap hands with opposite line dancers on counts 2-3**

**SIDE, DRAG, TOUCH, SIDE, DRAG, TOUCH**

|  |  |
| --- | --- |
| 1 | Small side step left |

|  |  |
| --- | --- |
| 2-3 | Drag right towards left, touch right ball beside left instep |

|  |  |
| --- | --- |
| 4 | Large side step right |

|  |  |
| --- | --- |
| 5-6 | Drag left towards right, touch left ball beside right instep |

**This should bring you back to your original position to start the dance over again. Option: on count 3, clap hands to the left shoulder high. Option: on count 6, clap hands to the right shoulder high**

**REPEAT**