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| Catch A Hip Cat |  |

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| **Count:** | 48 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Michele Perron (CAN) | | | | |
| **Music:** | Eenie Meenie Miney Mo - The Holiday Band | | | | |
| . | | | | | | |

**TRIPLE FORWARD: RIGHT, LEFT; ACROSS, BACK, OUT, OUT, BUMP AND CLAP**

|  |  |
| --- | --- |
| 1&2 | Right triple steps forward (right, left, right) |

|  |  |
| --- | --- |
| 3&4 | Left triple steps forward (left, right, left) |

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| --- | --- |
| 5-6 | Right across front of left: left step back |

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| --- | --- |
| & | Execute ½ turn right with right step forward (6:00) |

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| --- | --- |
| 7-8 | Left step to side left; bump hip to left & clap |

**TRIPLE FORWARD: RIGHT, LEFT; ACROSS, BACK, OUT, OUT, BUMP AND CLAP**

|  |  |
| --- | --- |
| 1&2 | Right triple steps forward (right, left, right) |

|  |  |
| --- | --- |
| 3&4 | Left triple steps forward (left, right, left) |

|  |  |
| --- | --- |
| 5-6 | Right step across front of left; left step back |

|  |  |
| --- | --- |
| & | Execute ½ turn right with right step forward (12:00) |

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| --- | --- |
| 7-8 | Left step to side left; bump hip to left & clap |

**FORWARD, LOCK & FORWARD, LOCK & PIVOT/TURN, PIVOT/TURN**

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| --- | --- |
| 1-2 | Right step diagonal right forward; left lock/step behind right |

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| --- | --- |
| &3 | Right step diagonal right forward; left step diagonal left forward |

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| --- | --- |
| 4& | Right lock/step behind left; left step diagonal left forward |

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| 5-6 | Right step forward; execute ½ turn left, weight on left (6:00) |

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| 7-8 | Right step forward; execute ¼ turn left, weight on left (feet are apart) (3:00) |

**(THE BREAK) CROSS, CROSS, HIP, HIP, FLICKS-UP, UP, UP, UP (THE POSE)**

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| --- | --- |
| 1 | Right arm across front to left hip and right step to side right (in place) and bump hip left |

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| --- | --- |
| 2 | Left arm across front to right hip and left step to side left (in place) and bump hip right |

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| --- | --- |
| 3 | Right hand uncrosses to right hip and right step to side right (in place) and bump hip left |

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| --- | --- |
| 4 | Left hand uncrosses to left hip and left step to side left (in place) and bump hip right |

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| --- | --- |
| 5-6-7-8 | Four left hip bumps with four right hand/wrist 'flicks' from low to high (arc) fingers apart, palm forward (left hand stays on left hip, right knee bends, heel raised) |

**SIDE, BEHIND, SIDE, HEEL (RIGHT VINE); SIDE, BEHIND, & ACROSS, TOGETHER (LEFT SYNCOPATED VINE)**

|  |  |
| --- | --- |
| 1-2 | Right step to side right; left cross step behind right |

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| 3-4 | Right step to side right; left heel diagonal left forward |

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| --- | --- |
| 5-6 | Left step to side left; right cross step behind left (face center) |

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| --- | --- |
| &7-8 | Left step to side left; right cross step in front of left; left step beside right |

**TOUCH, STEP, TOUCH, STEP, KICK-STEP, FORWARD, FORWARD, FORWARD**

|  |  |
| --- | --- |
| 1-2 | Right touch to side right (face diagonal left); right step beside left |

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| --- | --- |
| 3-4 | Left touch to side left (face diagonal right); left step beside right |

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| --- | --- |
| 5 | Right low kick to side right (raising left heel) (face center) |

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| --- | --- |
| & | Right step beside left |

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| --- | --- |
| 6 | Left ball/step diagonal left forward (bend both knees to side left, hips are left) |

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| --- | --- |
| 7 | Right ball/step diagonal right forward (bend both knees to side right, hips are right) |

|  |  |
| --- | --- |
| 8 | Left ball/step diagonal left forward (bend both knees to side left, hips are left) |

**This is a "Shorty George" or boogie walks: 5&6,7,8**

**Easier option: four crossover walks forward: right, left, right, left: 5, 6, 7, 8**

**REPEAT**

**On the last rotation (ninth), on counts 21-24, execute ½ and ½ turns left, to end facing the front wall; complete that section ending in the pose!**